

La Golondrina (Long Version)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: La Golondrina - Ricky King



FORWARD, HOLD, SIDE, TOGETHER, SIDE, HOLD, FORWARD, REPLACE

1-2-3-4 Left forward, hold, side step right, step left beside right
5-6-7-8 Side step right, hold, left forward, replace right

BACK, HOLD, BACK, REPLACE, FORWARD, HOLD, ¼ TURN LEFT, TOGETHER

9-10-11-12 Left back, hold, right back, replace left
13-14-15-16 Right forward, hold, ¼ turn left onto left foot, step right beside left

FORWARD, HOLD, SIDE, TOGETHER, BACK, HOLD, SIDE, REPLACE

17-18-19-20 Left forward, hold, side step right, step left beside right
21-22-23-24 Right back, hold, side step left, replace right

CROSS, HOLD, REPLACE, SIDE, CROSS, HOLD, UNWIND ½ TURN LEFT FOR 2 COUNTS

25-26-27-28 Cross left over right, hold, replace right, side step left
29-30-31-32 Cross right over left, hold, unwind ½ turn left for 2 counts (weight ends on right foot)

Option - On count 30 extend arms out to each side shoulder high bending knees

- On counts 31 and 32 unwind with arms outstretched slowly straightening knees - like a swallow.

FORWARD, HOLD, ROCK BACK, ROCK FORWARD, SIDE, HOLD, ROCK LEFT, ROCK RIGHT

33-34-35-36 Left forward, hold, rock right back, rock left forward
37-38-39-40 Side step right, hold, rock left to left side, rock right to right side

CROSS, HOLD, REPLACE, SIDE, CROSS, HOLD, REPLACE, SIDE,

41-42-43-44 Cross left over right, hold. Replace right, side step left
45-46-47-48 Cross right over left, hold, replace left, side step right,

BRUSH, FORWARD, BRUSH, FORWARD, ¼ TURN LEFT & TOUCH, FORWARD, ¼ TURN LEFT & TOUCH

49-50-51-52 Brush left beside right, left diagonal forward, brush right beside left, right diagonal. Forward
53-54 Left forward, pivot ¼ turn left on left ball as right toe touches beside left instep
55-56 Right forward, pivot ¼ turn left on right ball as left toe touches beside right instep

SIDE, HOLD, TOGETHER, SIDE, CROSS OVER WITH ¼ TURN LEFT, HOLD, SIDE, TOGETHER

57-58-59-60 Side step left, hold, step right beside left, side step left
61-62-63-64 Cross right over left making ¼ turn left on step, hold, side step left, step right beside left

REPEAT
