

La Di Da

拍數: 32 牆數: 4 級數: Improver
編舞者: Terry Pournelle (USA) & Thomas Haynes (USA)
音樂: La Di Da - The Holiday Band



STEP, BEHIND, SHUFFLE FORWARD (LEFT-RIGHT-LEFT), WALK, WALK, SHUFFLE FORWARD (RIGHT-LEFT-RIGHT)

1-2 Step right to right side, step left behind right
&3&4 Quick step on right foot, shuffle forward left-right-left
5-6 Walk forward right, walk forward left
7&8 Shuffle forward right-left-right

ROCK, RECOVER, TURN ½ TURN, SHUFFLE FORWARD (LEFT-RIGHT-LEFT), STEP FORWARD RIGHT, HOOK LEFT

1-2 Rock forward left, recover right
3&4 Turning left ½ turn shuffle forward left-right-left
5-6 Step forward right, hooking left leg across right

Alternate step for more advanced dancers

5-6 Step forward right, hooking left leg across right while turning a full turn left)
7&8 Shuffle forward left-right-left

ROCK, RECOVER, TURN ¼, SIDE SHUFFLE (RIGHT-LEFT-RIGHT), WEAWE RIGHT

1-2 Rock forward right, recover left
3&4 Turn ¼ right, side shuffle right-left-right
5-6 Step left over right, step right to right side
7-8 Step left behind right, step right to right side

CROSS ROCK, RECOVER, SHUFFLE IN PLACE, STEP FORWARD RIGHT, LEFT, RIGHT, LEFT

1-2 Cross rock left over right, recover right
3&4 Shuffle in place left-right-left
5-6 Small step forward right, left (option bump hips on steps)
7-8 Small step forward right, left (option bump hips on steps)

REPEAT
