

# La Cumbia

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: La Cumbia - Sailor



## MAMBO RIGHT, MAMBO LEFT, CROSS AND POINT, CROSS AND POINT

1            Right foot to right  
&  
2            Weight change to left foot  
3            Right foot next to left foot  
4            Left foot to left  
&  
5            Weight change to right foot  
6            Left foot next to right foot  
7            Cross right foot over left foot  
&  
8            Left foot step out to left  
9            Point right foot forward  
10          Right foot next to left foot  
11          Cross left foot over right foot  
12          Right foot step out to right  
13          Point left foot forward

## BUCHACADAS, 4/4 TURN RIGHT CROSS SHUFFLE

&  
1            Left foot next to right foot  
2            Right foot point forward with bended leg (almost like pressure step but keep weight on left foot)  
&  
3            Right foot step backwards  
4            Point left foot front (like count 1)  
&  
5            Left foot step backwards  
6            Point right foot forward (like count 1 and 2)  
&  
7            Right foot step backwards  
8            Point left foot forward  
&  
9            Change weight to left foot  
10          Right foot cross over left foot and turn  $\frac{1}{4}$  over right  
&  
11          Left foot next to right foot  
12          Right foot cross over left foot and turn  $\frac{1}{4}$  over right  
&  
13          Left foot next to right foot  
14          Right foot cross over left foot and turn  $\frac{1}{4}$  over right  
&  
15          Left foot next to right foot  
16          Right foot cross over left foot and turn  $\frac{1}{4}$  over right

## TURN $\frac{3}{4}$ RIGHT, MAMBO STEP, MAMBO STEP, SAMBA BASIC

1            Turn  $\frac{1}{2}$  over left step on place on left foot  
&  
2            Right foot next to left foot  
3            Turn  $\frac{1}{4}$  over left and left foot step forward  
4            Right foot step forward  
&  
5            Recover on left foot  
6            Right foot next to left foot  
7            Left foot step backwards  
&  
8            Recover on right foot  
9            Left foot next to right foot  
10          Right foot step to right  
11          Left foot crossed backwards right foot (5 position extended)

8 Right foot step on place

**SAMBA BASIC, STEP TOGETHER, STEP TOGETHER, KICK ROCK STEP**

1 Left foot step to left

& Right foot crossed backwards left foot (5 position extended)

2 Left foot step on place

3 Right foot step to right

4 Left foot next to right foot

5 Right foot step to right

6 Left foot next to right foot

7 Kick right foot forward

& Right foot step backwards, while doing this look backwards

8 Recover weight on left foot

**Option: on counts 3-6, shake your hips or upper body or make meringue steps**

**REPEAT**

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