

Kung-Fu Fighting

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數:
編舞者: Alan Clarke (UK)
音樂: Kung Fu Fighting - Carl Douglas & Bus Stop



STEP FORWARD-HITCH-HOLD-SMILE / STEP-KICK FORWARD / WALK FORWARD-TOUCH AND CLAPS

- 1-2 Step forward on left foot, hitch right knee raising both arms out to sides at shoulder height
- 3 Hold position and smile for 1 count
- &4 Step down in place on right foot, kick left foot forward
- 5-7 Walk forward on left-right-left
- 8 Touch right toe next to left foot clapping hands twice

VINE RIGHT / STOMP / VINE LEFT / STOMP

- 1-2 Step right foot to right side, cross left behind
- 3 Stomp right foot to right side
- &4 Bring left hand across body right to left at chest height, right hand punches out to right side (as in karate chop!)
- 5-6 Step left foot to left side: cross right behind
- 7 Step left foot to left side
- &8 Bring right hand across body left to right at chest height, left hand punches out to left side (as in karate chop!)

WALK BACK X4 / OUT-OUT-IN-IN (ALL WITH ARMS)

- 1 Step back on right foot pushing right arm forward
- 2 Step back on left foot pushing left arm forward
- 3-4 Repeat counts 1-2 again

On counts 1-4 arms should go forward as if scratching Ninja style!

- 5 Step right foot out to right side taking right hand out to side at shoulder height
- 6 Step left foot out to left side taking left hand out to side at shoulder height
- 7 Step right foot in to center taking right hand in to center of body
- 8 Step left foot in to center taking left hand in to center of body

TOUCH-HITCH X 3 MAKING ½ TURN LEFT / STEP / SLAP-SLAP / BOW

- 1& Tap right toe out to right side, hitch right knee up starting to turn left
- 2&3& Repeat count 1& again 2 more times completing ½ turn left
- 4 Step right foot in place
- 5-6 Slap right leg with right hand, slap left leg with left hand
- 7-8 Join hands (as in prayer) bowing forward, straighten body up

REPEAT
