

Kool Wid A K

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Masters In Line (UK)
音樂: Baby, I'm Back - Akon & Baby Bash



SKATE LEFT, RIGHT (FORWARD) ROCK STEP, 1¼ TURN LEFT, CROSS ROCK STEP

1-2 Skate left forward, skate right forward 12:00
3&4 Rock forward left, recover, make ½ turn left onto left 6:00
5-6 Make ½ turn left step back right, make ¼ turn left step left to side 9:00
7&8 Rock right over left, recover, step right long to right 9:00

SAILOR FULL TURN AND TOUCH, SWITCH STEPS, KNEE SPLIT

1&2 Step left behind right, step left to left side, make ½ turn left 9:00
&3&4 Step right to right side, make ½ turn left onto left, touch right to side 9:00
&5&6 Step right next to left, touch left to left side, repeat to right
7&8 Step right next to left, split knees open and close

¼ TURN CROSS SHUFFLES SIDE ROCK ¾ TURN RIGHT

&1-2 Step back left, make ¼ turn right cross right over left, hold 12:00 (head looking 9:00)
&3&4 Step left to left side, cross right over left, repeat 12:00
5-6 Rock left to left side, make ¼ turn to right 3:00
7&8 Step left next to right, make ½ turn right heel off floor, replace 9:00

STEP BACK LONG RIGHT, HOLD, OUT OUT KNEE POPS SWITCH PIVOT TURNS

1-2 Step back long on right hold 9:00
&3&4 Step left out, right out, pop knees forward, replace heels
&5-6 Step back left, step forward right, ½ turn left
7-8 Step forward right, ½ turn left

RIGHT SIDE, BACK ROCK, LEFT SIDE BACK ROCK, COASTER ¼ TURN

1-2& Step right long to right, rock left behind right 9:00
3-4& Step left long to left, rock right behind left, recover
5-6& Step right long to right, step back on left, step right next to left
7-8 Step forward left, make ¼ turn right step onto right

PIGEON TOES, LEFT, HITCH & HEEL, STEP ¾ TURN, SIDE, ROCK STEP 9:00

1&2 Turn both toes out, bring right toe in left heel out, left toe out right heel in
3&4 Hitch right knee, step down on right, touch left heel forward
5&6 Step forward on left, ¾ turn right, step left long to left
7&8 Rock back on right, recover, step right diagonal right

REPEAT