

Kool Shuffle

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Levi J. Hubbard (USA)
音樂: Joanna - Kool & The Gang



FORWARD ROCK-RECOVER, ½ SHUFFLE TURN (RIGHT), STEP FORWARD, ½ PIVOT TURN (RIGHT), ¼ SHUFFLE TURN (RIGHT)

- 1 Right - step (rock) forward, while slightly lifting left foot off floor
- 2 Left - lower foot back to floor (recover)
- 3&4 Shuffle ½ turn right, stepping (right-left-right)
- 5 Left - step forward
- 6 On (balls of) both feet, pivot ½ turn right
- 7&8 Shuffle ¼ turn right, stepping (left-right-left)

BACK ROCK-RECOVER, SIDE STEP, CROSS BEHIND, SIDE SHUFFLE (RIGHT), BACK ROCK-RECOVER

- 9 Right - cross step (rock) behind left foot, while slightly lifting left foot off floor
- 10 Left - lower foot back to floor (recover)
- 11 Right - step to side
- 12 Left - cross step behind right foot
- 13&14 Shuffle right, stepping (right-left-right)
- 15 Left - cross step (rock) behind right foot, while slightly lifting right foot off floor
- 16 Right - lower foot back to floor (recover)

¼ SHUFFLE TURN (LEFT), STEP FORWARD, ½ PIVOT TURN (LEFT), SHUFFLE FORWARD, STEP FORWARD, ½ PIVOT TURN (RIGHT)

- 17&18 Shuffle ¼ turn left, stepping (left-right-left)
- 19 Right - step forward
- 20 On (balls of) both feet, pivot ½ turn left
- 21&22 Shuffle forward stepping (right-left-right)
- 23 Left - step forward
- 24 On (balls of) both feet, pivot ½ turn right

¼ SHUFFLE TURN (RIGHT), CROSS TOUCH BEHIND, UNWIND ¾ TURN (RIGHT), FORWARD ROCK-RECOVER, ½ SHUFFLE TURN (LEFT)

- 25&26 Shuffle ¼ turn right, stepping (left-right-left)
- 27 Right - cross touch toe behind left heel
- 28 Slightly bend knees while you unwind ¾ turn right by pivoting on (balls of) both feet
- 29 Left - step (rock) forward, while slightly lifting right foot off floor
- 30 Right - lower foot back to floor (recover)
- 31&32 Shuffle ½ turn left, stepping (left-right-left)

REPEAT
