

Kodiak 2-Step

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Hedy McAdams (USA)
音樂: This Song Is for You - Merle Haggard



RIGHT-LEFT-RIGHT - LEFT-RIGHT-LEFT, CROSS-ROCK/ROCK- TOUCH-ROCK/ROCK

1&2 (Angling body left and moving forward on a diagonal right) step right-together-right
3&4 (Angling body right and moving forward on a diagonal left) step left-together-left
5 Cross right over left
6& Rock left to left, recover right
7 Touch left beside right
8 Rock-step left back & left (diagonal)
& Recover weight right
Styling note: count 5 can be split into a syncopated toe/strut for advanced dancers or slower music
5 Cross-step right toe over left
& Drop right heel

TOE/STRUT-TOE/STRUT, POINT-POINT/STEP, SHORT/SHORT-, LONG-LONG-TURN/STEP

1 Tap left toe forward
& Step down on left (advancing forward, slightly)
2 Tap right toe forward
& Step down on right (advancing forward, slightly)
3 Point left toe forward
4 Point left toe back
& (Softly) transfer weight left
5& Take 2 short steps back, right, then left
6-7 Take 2 long steps back, right, then left
8 (First count of a ¼ Monterey turn) sweep right foot in a circle to the right to propel a quick ¼ turn right (3:00), ending with weight right, positioned slightly behind left
& Step left in place (or slightly forward, if more comfortable)

TOE/STRUT-ROCK/ROCK, TOE/STRUT-ROCK/ROCK, TOE/STRUT-ROCK/ROCK-TOUCH-TURN

1 Tap right toe forward
& Step right heel down (sliding forward)
2 Rock-step left back & left (diagonal)
& Recover weight right
3 Tap left toe forward
& Step left heel down (sliding forward)
4 Rock-step right back & right (diagonal)
& Recover weight left
5 Tap right toe forward
& Step down on right foot (sliding forward)
6 Rock-step left back & left (diagonal)
& Recover weight right
7 Touch left toe forward, positioning knee out & ankle in
8 Swivel both heels left, turn body ¼ right (6:00) and step left back (in one smooth motion)

Styling note: you should end with right toe out, naturally. Scuff/stomps can be substituted for toe/struts on counts 1&, 3& and 5& for more advanced dancers (or slower music)

RIGHT/TOGETHER-RIGHT - LEFT, RIGHT/TOGETHER-RIGHT - TURN, STEP-PIVOT

1& Step right to right, step left beside right

- 2 Rock-step right to right
- 3 Rock-step left to left
- 4& Step right to right, step left beside right
- 5 Step right to right
- 6 Turn $\frac{1}{4}$ left (3:00) & step left forward
- 7 Step right forward
- 8 Pivot $\frac{1}{2}$ left (9:00), ending with weight left

REPEAT
