

Know When To Hold Em'

拍數: 32 牆數: 4 級數: Intermediate
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音樂: There Goes The Neighborhood - Keith Harling



SIDE, TOGETHER, ¼ TURN RIGHT, STEP LEFT, ¾ TURN RIGHT, SIDE, TOGETHER, SIDE, HOLD & ROCK BACK

1&2 Step right foot to right side, step together with left, turn ¼ right, step forward with right
3-4 Step left foot forward, start a ¾ turn right, (shifting weight forward to right foot)
5&6 Step left foot to left side, (finishing ¾ turn) step together with right, step left to left side
7&8 Hold on 7, rock back on right, replacing weight forward on left

TOE & TOE & HEEL & STOMP, HEELS, TOES, HEELS, HOLD & HOOK

1& Touch right toe to right, step right to center
2& Touch left toe to left, step left to center
3& Touch right heel forward, step right to center
4 Stomp left foot slightly to left side, and slightly forward
5&6 Swivel both heels in, swivel both toes in, swivel both heels in / heel swivels are traveling to left
7&8 Hold on 7, shifting weight to left foot on the & count, raise right foot in front of left shin

STEP, CROSS, ¼ TURN LEFT, HEEL & HEEL & BIG STEP, SLIDE, HOLD, BODY ROLL

1-2 Step right to right, cross left behind right
&3 Turn ¼ left stepping right slightly back, touch left heel forward
&4 Step left to center, touch right heel forward
&5-6 Step right to center, take a big step forward on left foot, slide right up next to left
7-8 Body roll / begin forward roll with shoulders then body, shift weight to right foot

SAILOR SHUFFLES BACK, HOLD & ROCK BACK

1&2 Cross step left behind right, step right to right side, step left to left side / traveling backwards
3&4 Cross step right behind left, step left to left side, step right to right side / traveling backwards
5&6 Cross step left behind right, step right to right side, step left to left side / traveling backwards
7&8 Hold on 7, rock back on right, replace weight forward on left

REPEAT
