

Knocking On Heavens Floor

COPPER **KNOB**
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Melanie Woitke (DE)
音樂: How Do I Live (Mr. Mig Remix) - LeAnn Rimes



ROCK STEP, SAILOR STEP, KICK BALL TOE, TWIST & ½ TURN

1-2 Step to right side, replace weight to left foot
3&4 Cross right foot behind left foot, left foot step to left, right foot step in place
5&6 Left foot kick forward, step left foot next to right, touch right toe back
7&8 Weight's on ball of both feet and swivel heels to the left, to the right & at swiveling to the left make a ½ turn to right side

ROCK STEP CROSS, TOUCH & KICK & TOUCH & KICK

1&2 Step to right side, replace weight to left foot, right foot cross in front of left foot
3&4 Step to left side, replace weight to right foot, left foot cross in front of right foot
5 Right foot touch next to left foot

Right arm swing to the right side in a parallel line head look's down

&6 Right foot step in place, left foot kick forward

Left arm swing to the left side in a parallel line head look's up

& Left foot step in place

7&8 Repeat 5 & 6

SNAKES, TOUCH DOWN

1-2 Snake to left side
3-4 Snake to right side
5 Left foot slides forward
6 Knee down with right foot & slap with right hand on the floor
7-8 Left foot slide's back and stand up

KICK, KICK, COASTER STEP, CHARLESTON MOVEMENTS

1-2 Kick right foot forward, kick right foot to right side and make a ¼ turn to the right
3&4 Right foot step back, left foot next to right foot, right foot step forward
5 Left foot touch forward an both heels swivels in
&6 Touch left foot back an swivel both heels out and in
&7 Left foot touch forward and both heels swivels in
&8 Both heels swivels out, left foot step next to right foot

KNEE IN & OUT, PADDLE TURN

1-2 Right knee pop to the inside, right knee pop to the outside
3-4 Hold

Both arms in half circle over the head and push a little back on 3 and 4

5&6&7&8 Paddle turn: right foot touch to right side, ¼ turn to the left on left foot and hitch with right foot, do it four times

Both arms in a half circle down

STEPS, SYNCOPATED TURN, SIT UP, KICK STEP TOUCH

1-2 Right foot step forward, left foot step forward
3&4 Right foot step forward, begin a ½ turn with a weave movement and end with weight on right foot
5-6 Bump hip down and up
7&8 Left foot kick forward, left foot step forward, right foot touch next to left foot

REPEAT
