

# Knock On Wood

**COPPER KNOB**  
STEPSHEETS

拍數: 0                      牆數: 4                      級數: Improver  
編舞者: Chris Watson (AUS)  
音樂: Knock On Wood - Amii Stewart



Sequence: AAB, AB, AAB, AAAA(1-24), AAB, AA

## PART A

### TOUCH FRONT SIDE, COASTER - REPEAT

- 1-2-3&4            Touch right toe forward, touch right toe to right side, step right foot back, step left together, step forward onto right
- 5-6-7&8            Touch left toe forward, touch left toe to left side, step left foot back, step right together, step forward onto left

### STEP FORWARD ¼ TURN PIVOT, CROSS FRONT, SIDE, SAILOR STEPS

- 1-2                Step right foot forward, do a ¼ turn left and take weight onto left foot (9:00)
- 3-4                Cross right over in front of left, step left to left side
- 5&6                Step right behind left, left to left side, step weight back onto right
- 7&8                Step left behind right, right to right side, step weight back onto left

### STEP FORWARD PIVOT ½ TURN, SHUFFLE FORWARD RIGHT, LEFT, PIVOT ½

- 1-2                Step right foot forward, pivot a ½ turn left taking weight onto left (3:00)
- 3&4                Shuffle forward on a slight diagonal to the right - right, left, right
- 5&6                Shuffle forward left on a slight diagonal to the left - left, right, left
- 7-8                Step right foot forward, pivot a ½ turn left taking weight onto left (9:00)

### ROCK FORWARD, REPLACE, HEELS BACK RIGHT, LEFT, RIGHT, LEFT -TOE BACK RIGHT TWICE

- 1-2                Rock forward onto right foot, back onto left
- &3                Step right foot back, touch left heel forward
- &4                Step left foot back, touch right heel forward
- &5                Step right foot back and touch left heel forward
- &6                Step left foot back and touch right heel forward
- 7-8                Touch right toe back twice

## PART B

### ROLLING FREEZE FORWARD, STOMP, BOUNCE, BOUNCE, BOUNCE

- 1-2-3-4            Roll forward right on a right diagonal stepping right, left, right, left together
- 5-6-7-8            Stomp right foot forward bounce heels up and down (3 times) as you knock on wood in mid air