

Knock Me Over With A Feather

COPPERKNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數:
編舞者: Rachel Lawson (AUS) & Kristy Keyte
音樂: That's How You Know (When You're in Love) - Lari White



- 1&2 Shuffle to the left left-right-left
3-4 Cross right foot over left & turn $\frac{3}{4}$ turn left ($\frac{3}{4}$ turn)
5&6 Turning right full turn right-left-right
7&8 Rock onto left foot, replace weight on right & cross left over right
- 1&2 Rock onto right foot, replace weight on left & cross right over left
3&4 Touch left heel to left 45, step on left ball of foot & cross right foot over left (heel, ball, cross)
5&6 Shuffle to the left left-right-left
7&8 Touch right heel to left 45, step on ball of right foot, step left foot in place (heel, ball, change)
- 1-2 Kick right foot to left 45, kick right foot to right 45
3&4 Step right foot behind left, step left foot to side, step right foot to side (right sailor shuffle)
5&6 Shuffle left-right-left turning $\frac{3}{4}$ turn left ($\frac{3}{4}$ turn)
&7&8 Jump right foot to side & tap left toes beside right foot, jump left to side with a $\frac{1}{4}$ turn right & tap right toes beside left foot
- 1-2 Kick right foot to left 45 twice
3&4 Step onto ball of right foot, step left foot in place, slide right toes to left foot
5-8 Step right foot to right side & bounce on right hip for 4 counts (hold toes on left foot up at the same time)
- 1-2 Step left foot to right 45, pivot $\frac{1}{2}$ turn right on right foot
3&4 Shuffle left-right-left at 45 angle
5-6 Step right foot forward, step left foot back at left 45 making a $\frac{1}{4}$ turn right
7&8 Shuffle right-left-right with a $\frac{1}{2}$ turn right (this is also done at the 45)
- 1-2 Step left foot forward, step right foot back at left 45 making $\frac{1}{4}$ turn right
3&4 Shuffle left-right-left with a $\frac{1}{2}$ turn right at the 45 angle
5-6 Step right foot forward, step left foot back at left 45 making $\frac{1}{4}$ turn right
7&8 Shuffle right-left-right with a $\frac{1}{2}$ turn right (you should now be back where you started) (the previous 16 counts form a diamond)
- 1-2 Rock forward onto left foot, rock back onto right foot (use this rock to straighten up $\frac{1}{8}$ turn right following diamond pattern)
3&4 Shuffle left-right-left on the spot making full turn turn left (full turn)
5-6 Rock forward onto right foot, rock back onto left foot
7&8 Shuffle right-left-right on the spot making full turn turn right (full turn)
- 1-2 Cross left foot across right, turn full turn right
3-4 Rock left foot to left side, rock back onto right
5&6 Cross shuffle left-right-left to the right
7-8 Jump right foot to side & tap left heel to side & hold

REPEAT