

Knock Knock Knocking

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lois Lightfoot (UK)
音樂: Knocking On Heaven's Door - Rebel Yell



SAILOR SHUFFLES AND SKATES FORWARD

1&2 Right foot step behind left, left foot step to side, right foot step in place
3-4 Skate diagonally forward on left foot, skate diagonally forward on right foot
5&6 Left foot step behind right, right foot step to side, left foot step in place
7-8 Skate diagonally forward on right, skate diagonally forward on left foot

STOMP, HOLD, SHUFFLE FORWARD TWICE

9-10 Stomp right foot forward, hold for 1 beat
11&12 Left shuffle forward stepping - left, right, left
13-14 Stomp right foot forward, hold for 1 beat
15&16 Left shuffle forward stepping - left, right, left

ROCK FORWARD, SHUFFLE ¼ RIGHT, WEAWE WITH ¼ TURN RIGHT

17-18 Rock forward on right foot, rock weight back onto left
19&20 Make ¼ shuffle turn over right shoulder stepping - right, left, right
21-22 Cross left foot over right, step right foot to right side
23-24 Step left foot behind right, step right foot to right side making ¼ turn right

ROCK FORWARD, SHUFFLE ¾ LEFT, STEP, HOLD, AND SIDE ROCK

25-26 Rock forward on left foot, rock weight back onto right
27&28 Make ¾ shuffle turn over left shoulder stepping - left, right, left
29-30 Step right foot to right side, hold for 1 beat
&31 Step left foot beside right, step right out to side & rock onto right foot
32 Recover weight onto left foot

REPEAT
