

Knock Knees

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Carol Carleton (AUS)
音樂: Knock On Wood - Amii Stewart



1&2	Shuffle forward right-left-right
3&4	Shuffle forward left-right-left
5-6	Step forward on right, pivot $\frac{1}{2}$ turn left to face the back wall
7-8	Repeat to face the front wall
9&10	Shuffle sideways to the right
11-12	Rock back on left, recover
13&14	Shuffle sideways to the left
15-16	Rock back on right, recover
17-18	Moving backwards - step back on right diagonal, touch left to right
19-20	Step back left, touch right to left
21-22	Step back on right, touch left to right
23-24	Step back on left and $\frac{1}{4}$ turn to left, scuff and bring right foot to left
25-28	(Weight even) turn toes out, heels out, toes out, hold
29-32	Moving inwards, toes in, heels in, toes in, hold

REPEAT
