Knickers To Your Knees

級數: Advanced

編舞者: Jenifer Wolf (CAN)

拍數: 64

音樂: Do You Remember These? - The Statler Brothers

1/2 CHARLESTON, TURNING 1/4 RIGHT JAZZ BOX

- 1-2 Kick right forward, hold
- 3-4 Touch right back, hold (weight stays on left)
- 5-6 Cross right over in front of left, step left back
- 7-8 Turn ¼ right onto right, step left forward

1/2 CHARLESTON, ROCK, REPLACE, STEP FORWARD

- 1-2 Kick right forward, hold
- 3-4 Step right back, hold
- 5-6 Step left back, replace right
- 7-8 Step left forward, hold (rock, replace)

2 ¼ LEFT PADDLE TURNS, APPLEJACKS

- 1-2 Step forward on ball of right, turn ¼ left onto left (weight on left, on count 2, lift right foot, slap with right hand)
- 3-4 Step forward on ball of right, turn ¼ left onto left (weight on left, on count 4, lift right foot, slap with right hand)
- 5-6 Right heel slightly forward with left toes points out to left, turn both heels to center (option: heel splits counts 5-8)
- 7-8 Left heel in & right toes out, turn both heels to face center (option: heel splits)

APPLE JACKS

- 1-2 Turn right heel in with left toes pointing out, turn both heels to face center (option: heel splits for counts 1-4)
- 3-4 Turn left heel in with right toes pointing out, turn both heels to face center
- 5-6 Turn right heel in with left toes pointing out, turn both heels to face center
- 7-8 Left heel in & right toes out, turn both heels to face center (option: heel together, heel together for counts 5-8)

SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, SIDE, HOLD

- 1-2 Step right to right side, hold
- 3-4 Step left beside right, hold
- 5-6 Step right to right side, step left beside right
- 7-8 Step right in place, hold

SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, SIDE, HOLD

- 1-2 Step left to left side, hold
- 3-4 Step right beside left, hold
- 5-6 Step left to left side, step right beside left
- 7-8 Step left in place, hold

Styling: second repetition only, place hands on knees, on each step, bring knees in then out and cross the hands over

STEP, HOLD, TURN 1/2 LEFT, STEP, HOLD, TURN 1/2 LEFT

- 1-2 Step right forward, hold
- 3-4 Turn ¹/₂ left onto left, hold (styling: look over right shoulder as you start to turn)
- 5-6 Step right forward, hold





牆數:2

7-8 Turn ½ left onto left, hold (styling: look over right shoulder as you start to turn) weight remains on left

TURNING ¼ LEFT, SAILOR, SAILOR

- 1-2 Cross right behind left, turn 1/4 left onto left
- 3-4 Step right to right side, hold
- 5-6 Cross left behind right, step right to right side
- 7-8 Step left to left side, hold

REPEAT

END

- 17-20 Do your ¼ paddle turns left
- 21-22 Step right in place, step left in place
- 23&24 Turn ¼ right, as you step right left, stomp right facing 12:00:00 wall