

K.L.O.A. (Kats Left Outside Dancing)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Glynn Rodgers (UK)
音樂: Left Outside Alone - Anastacia



MAMBO STEPS FORWARD AND BACK, SKATES FORWARD, CHASSE

1&2 Rock forward right, recover weight onto left, step right to place
3&4 Rock back left, recover weight onto right, step left to place
5-6 Skate forward right and left
7&8 Step right to right side, close left to right, step right to right side

ROCK AND SIDE STEP, SNAKE ROLLS, STEP TOUCH, CLAP

1&2 Rock back left, recover weight onto right, step left to left side
3-4 Snake roll to right side
5-6 Snake roll to left side
7-8 Step back right, touch left beside right, clap

Counts 3-6 can be replaced with two hip bumps right and two left

ROLLING GRAPEVINE, HEEL SWITCHES, SIDE, SLIDE

1-4 Full rolling vine to the left, touch, clap
5&6& Dig right heel forward, close right to left, dig left heel forward, close left to right
7-8 Step right to right side, slide left to right

HEEL SWITCHES, SIDE, SLIDE $\frac{1}{4}$, PIVOT $\frac{1}{2}$, PIVOT $\frac{1}{2}$

1&2& Dig left heel forward, close left to right, dig right heel forward, close right to left
3-4 Step left to left side, slide right to left turning $\frac{1}{4}$ left
5-6 Step forward right, pivot $\frac{1}{2}$ turn left
7-8 Step forward right, pivot $\frac{1}{2}$ turn left

REPEAT

This dance has been written for an easier alternative to Maggie's version for my friends class