Kiss This



拍數: 48 牆數: 2 級數: Improver

編舞者: Angie Swanson (USA) 音樂: Kiss This - Aaron Tippin



2 RIGHT TURNING SHUFFLES, RIGHT SIDE SHUFFLE, LEFT CROSS ROCK

1&2-Shuffle right, left, right as you turn 1/4 to the right 3&4-Shuffle left, right, left as you turn 3/4 to the right 5&6-Shuffle right, left, right to the right side (no turn)

7-8 Step left over right, recover right

2 LEFT TURNING SHUFFLES, LEFT SIDE SHUFFLE, RIGHT CROSS ROCK

9&10 Shuffle left, right, left as you turn 1/4 to the left 11&12 Shuffle right, left, right as you turn 3/4 to the left 13&14 Shuffle left, right, left to the left side (no turn)

15-16 Step right over left, recover left (as you recover left, swing right foot in front of you in

preparation for the forward walk)

WALK, WALK

17-18 Walk forward (right, left)

PENDULUM (RIGHT, LEFT TOE SWITCHES)

19&20& Touch right toe to right side, switch (bring right to place while touching left toe to left side,

then switch, bring left to place while bringing right forward)

HEEL SWITCHES

21&22& Touch right heel forward, switch (bring right to place while touching left heel forward, then

bring left to place while bringing right forward)

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ROCK FORWARD

23&24 Shuffle forward right, left, right 25&26 Shuffle forward left, right, left

27-28 Step right in front of left, recover left

RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, STOMP RIGHT NEXT TO LEFT

29&30 Shuffle back right, left, right 31&32 Shuffle back left, right, left

33 Stomp right next to left (weight should be on left)

RIGHT TOE TOUCH NEXT TO LEFT, RIGHT POINT RIGHT SIDE, CROSS RIGHT OVER LEFT & UNWIND

34 Touch right toe next to left at left instep

35 Point right toe to right side

Cross right over left as you unwind a 1/2 turn to the left 36

Cross unwind is done in one continual motion going straight into hip bumps without a pause

2 RIGHT HIP BUMPS, 2 LEFT HIP BUMPS, 2 RIGHT HIP BUMPS, 2 LEFT HIP BUMPS

37-38 Bump right hip twice 39-40 Bump left hip twice 41-42 Bump right hip twice 43-44 Bump left hip twice

2 HIP ROLLS

Hip roll (right hip rolling slightly forward and to the right, back and around, ending at left hip)
Hip roll (right hip rolling slightly forward and to the right, back and around, ending at left hip)

REPEAT