

Kingsize

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Liam Hrycan (UK)
音樂: Hear Me Now - Five



RIGHT BRUSH/STEP/LEFT TOUCH FORWARD, HIP BUMPS, LEFT COASTER STEP, RIGHT STEP/½ PIVOT LEFT

- 1&2 Brush right foot forward, step right foot slightly forward, touch left toe forward
&3&4 Bump hips forward, back, forward, back (taking weight back onto right foot)
For styling on counts &3&4, place weight on balls of feet and swivel heels with hip bumps
5&6 Step left foot back, step right foot to place beside left, step left foot forward
7-8 Step right foot forward, pivot a ½ turn left

2X HITCH TURNS (¼-LEFT), RIGHT CROSS/LEFT SIDE ROCK/RECOVER, LEFT TOGETHER (½-LEFT), KICK SWITCHES FORWARD (RIGHT & LEFT &), RIGHT STOMP

- &1 Hitch right knee, make a ¼ turn left touching right toe to right side
&2 Hitch right knee, make a ¼ turn left touching right toe to right side
3&4 Cross step right foot over left, rock left foot to left side, recover weight onto right foot
5 Make a ½ turn left on ball of right foot, stepping left foot to place beside right
6& Kick right foot forward, step right foot slightly forward
7& Kick left foot forward, step left foot slightly forward
8 Stomp right foot to place beside left

SYNCOPATED KNEE POP (OUT, IN), HOLD, SYNCOPATED SIDE TOUCHES (RIGHT & LEFT), ¼ TURN LEFT, LEFT STEP BACK, RIGHT COASTER STEP

- &1 With weight on balls of feet - pop both knees out, in
2 Hold position (and clap hands or click fingers)
3&4 Touch right toe to right side, step right foot to place beside left touch left toe to left side
5 Make a ¼ turn left on ball of right foot (leaving left toe in place)
6 Step left foot back
7&8 Step right foot back, step left foot to place beside right, step right foot forward

¼ PIVOT LEFT/LEFT STEP/RIGHT TOUCH, RIGHT CROSS/LEFT SIDE ROCK/RECOVER, ROLLING TURN FORWARD (½-LEFT), LEFT STEP BACK/RIGHT BACK ROCK/RECOVER

- 1 Pivot a ¼ turn left (weight ending on right foot)
&2 Step left foot to place beside right, touch right toe to right side
3&4 Cross step right foot over left, rock left foot to left side, recover weight onto right foot
5-6 Step left foot forward a ¼ turn left, make a ¼ turn left stepping right foot back
7&8 Step left foot back, rock right foot back, recover weight onto left foot

REPEAT