

King For A Day

拍數: 64 牆數: 2 級數: Improver
編舞者: Gordon Liversage (UK) & Valerie Liversage (UK)
音樂: Precious Time - Van Morrison



KICK BALL CHANGE, TOE STRUT TWICE, RIGHT SHUFFLE STEP TURN, LEFT SHUFFLE, STOMP, HOLD & CLAP

- 1-4 Kick right foot forward, step right next to left, step left in place, touch right toe forward, slap right heel down
- 5-8 Kick left foot forward, step left next to right, step right in place, touch left toe forward, slap left heel down
- 9-12 Shuffle forward on right, left, right, step forward left ½ turn right
- 13-16 Shuffle forward on left, right, left, stomp right beside left and hold for one beat & clap

KICK BALL CHANGE, TOE STRUT TWICE, LEFT SHUFFLE STEP TURN, RIGHT SHUFFLE STOMP, HOLD & CLAP

- 17-20 Kick left foot forward, step left next to right, step right in place
- 21-24 Touch left toe forward, slap left heel down
- 21-24 Kick right foot forward, step right next to left, step left in place, touch right toe forward, slap right heel down
- 25-28 Shuffle forward on left, right, left, step forward on right ½ turn left
- 29-32 Shuffle forward on right, left, right, stomp left beside right, hold for one beat & clap

KICK & SAILOR STEPS, SIDE BEHIND ¼ TURN RIGHT SHUFFLE, STEP TURN ¼, CROSS SHUFFLE

- 33-40 Kick right foot forward, kick right foot to side, cross right behind left, step left to side, step right in place, kick left foot forward, kick left foot to side, cross left behind right, step right to side, step left in place
- 41-44 Step right to side, step left behind right, turning ¼ turn right, shuffle forward on right, left, right
- 45-48 Step forward on left, turn ¼ right, cross shuffle left over right on left, right, left

¾ TURN LEFT, RIGHT SHUFFLE, ROCK FORWARD & BACK, COASTER STEP

- 49-56 Turn ¾ turn left on right, left, shuffle forward on right, left, right, rock forward on left, rock back onto right, step back onto left, step right next to left, step forward on left

STEP TURN ¼, CROSS SHUFFLE, ROCK LEFT, RIGHT, CROSS SHUFFLE

- 57-64 Step forward on right, turn ¼ turn left, cross shuffle right over left on right, left, right, step & rock left onto left, rock right onto right, cross shuffle left over right on left, right, left

REPEAT
