

Kinda Kool

拍數: 32 牆數: 2 級數:
編舞者: Bev Cornish (CAN)
音樂: So Young (K-Klass Remix) - The Corrs



SHUFFLE RIGHT FORWARD, TOUCH LEFT, BALL CHANGE FORWARD

1 Step right forward
& Step left beside right
2 Step right forward
3 Touch left toe side - heel is turned in (look to left as you touch)
& Rock back on left (5th position) (look forward)
4 Step right slightly forward

SHUFFLE LEFT FORWARD, TOUCH RIGHT, BALL CHANGE FORWARD

5 Step left forward
& Step right beside left
6 Step left forward
7 Touch right toe side - heel is turned in (look to right as you touch)
& Rock right back (5th position) (look forward)
8 Step left slightly forward

HEEL SWITCHES - RIGHT, LEFT, PIVOT ½ LEFT

9 Touch right heel forward
& Step right beside left
10 Touch left heel forward
& Step left beside right
11 Step right forward
12 Pivot ½ left

STEP RIGHT FORWARD, KICK LEFT, QUICK STEP LEFT TOGETHER, STEP RIGHT FORWARD, STEP LEFT FORWARD

13 Step right forward
14 Kick left forward (low)
& Step left beside right
15 Step right forward
16 Step left forward

ROCK STEP, PADDLE TURN A FULL TURN RIGHT

17 Rock right forward
18 Step left in place
19 Step right back ½ right
& Step left beside right
20 Step right in place ½ right

ROCK STEP, PADDLE TURN ¾ LEFT

21 Rock step left forward
22 Step right in place
23 Step left back ½ left
& Step right beside left
24 Step left in place ¼ turn left

BUMP RIGHT HIP 3 TIMES, LEFT HEEL FORWARD

With each bump, your weight slowly changes from the left to the right leg

- 25 Step side right & bump right hip
- & Bring hips center
- 26 Bump right hip (weight is equal on both feet)
- & Bring hips center
- 27 Bump right hip (weight is now changed to the right)
- 28 Touch left heel forward

CHAISSÉ SIDE LEFT ¼ LEFT

The & counts are done of the ball of the left foot

- & Step left back
- 29 Step right in front of left
- & Step side left
- 30 Step right in front of left
- & Step side left
- 31 Step right in front of left
- & Pivot ¼ left on ball of right foot
- 32 Step left slightly forward

REPEAT
