

# The Killer Battery

**COPPER** **KNOB**  
BY STEPHEN BRAY

拍數: 96      牆數: 2      級數: Advanced  
編舞者: Steven Bray  
音樂: Battery - Metallica And San Francisco Symphony Orchestra



## KNEE LIFTS, BACK TOUCH, SIDE TOUCH

- 1&      Weight on left foot and raise your right-leg, right foot down
- 2&      Weight on left foot and raise your right-leg, right foot down
- 3&      Weight on left foot and raise your right-leg, right foot down
- 4      Right-knee up and bent your upper body to that knee
- 5-6      Step back on right, touch left beside right
- 7-8      Step left to left side making  $\frac{1}{4}$  turn right, touch right beside left

## SHUFFLE, SHUFFLE, SHUFFLE, SHUFFLE

- 9&10      Step right to right side, step left beside right, step right to right side
- 11&12      Step left to left side, step right beside left, step left to left side
- 13&14      Step forward on right, step left beside right, step right forward
- 15&16      Step left to left side, step right beside left, touch left to left side

## SAILOR TURN, SHUFFLE, SAILOR TURN, SHUFFLE

- 17&18      Step right behind left making  $\frac{1}{4}$  turn right, step forward left making  $\frac{1}{4}$  turn right, step right to right side making  $\frac{1}{2}$  turn right
- 19&20      Step left to left side, step right beside left, touch left to left side
- 21&22      Step left behind left making  $\frac{1}{4}$  turn left, step forward left making  $\frac{1}{4}$  turn left, step left to left side making  $\frac{1}{2}$  turn left
- 23&24      Step left to left side, step right beside left, step left to left side

## JUMPS $\frac{1}{2}$ TURN, TURNING JUMPS, SHOULDER JIVING, INWARD SLIDE

- 25&26      Jump both feet apart, jump both feet together, jump both feet apart making  $\frac{1}{2}$  turn right
- 27&      Jump making  $\frac{1}{2}$  turn right, jump making  $\frac{3}{4}$  turn (landing in crouched position with both feet shoulder width apart)
- 28      Thrust right shoulder to right diagonal
- 29      Thrust left shoulder to left diagonal
- 30&31      Thrust right shoulder to right diagonal, thrust left shoulder to left diagonal, thrust right shoulder to right diagonal
- 32      (While leaving crouched position) slide both feet together

## TIGER SLIP, TIGER SLIP, TIGER SLIP, SHAKY KNEES & ARM JIVES

- 33      Slide right foot back while leaning back and rising back of right hand in front of face
- 34      Slide right foot forward while returning right hand to right side and returning to an upright position (taking weight)
- 35      Slide left foot back while leaning back and rising back of left hand in front of face
- 36      Slide left foot forward while returning left hand to left side and returning to an upright position (taking weight)
- 37      Slide right foot back while leaning back and rising back of right hand in front of face
- 38      Slide right foot forward while returning right hand to right side and returning to an upright position (taking weight)
- 39      Pop both knees out while going up on your toes leaning to the right
- &      Pop both knees still up on your toes leaning to the right
- 40      Pop both knees out while going up on your toes leaning to the right

**Hands: both hands about shoulder width apart (39), cross both arms making an x (&), return both hands shoulder width apart (40)**

## **STOMPS & NODS, JUMPS**

- 41 Stomp right at 45 degrees angle right and nod  
& Raise right leg into low-hitch and raise head to an upright position  
42 Stomp right at 45 degrees angle right and nod  
& Raise right leg into low-hitch and raise head to an upright position  
43 Stomp right at 45 degrees angle right and nod  
& Raise right leg into low-hitch and raise head to an upright position  
44 Stomp right at 45 degrees angle right and nod  
& Raise head to upright position and step right beside left  
45 Jump both feet apart making  $\frac{1}{4}$  turn right  
& Jump both feet together making  $\frac{1}{4}$  turn right  
46 Jump both feet apart making  $\frac{1}{4}$  turn right  
& Jump both feet together making  $\frac{1}{2}$  turn left  
47 Jump both feet apart making  $\frac{1}{2}$  turn right  
& Jump both feet together making  $\frac{1}{2}$  turn left  
48 Jump both feet apart making full turn right

## **BODY ROLLS, METAL ARM STYLING & STOMPS, METAL ARM STYLING NODS**

- 49-50 Body roll down  
51-52 Body roll up  
53-54 Stomp right twice at 45-degree angle right leaning body right as you stomp  
55-56 Nod twice at 45-degree angle right leaning body right as you nod

**Hands: on counts 53-56, bring hands up in front of chest holding your middle two fingers with thumb moving hands as you nod/stomp**

## **POINT, TURN, POINT, TURN, POINT, TURN, POINT, TURN, POINT, TURN, POINT, TURN, POINT**

- 57 Point right to right side  
& Make a  $\frac{1}{2}$  turn right  
58 Point right to right side  
& Make  $\frac{1}{2}$  turn left  
59 Point right to right side  
& Make a  $\frac{3}{4}$  turn right bringing right beside left  
60 Point left to left side  
& Make a  $\frac{1}{2}$  turn left  
61 Point left to left side  
& Make a  $\frac{1}{2}$  turn right  
62 Point left to left side  
& Make a  $\frac{3}{4}$  turn left  
63 Point right to right side  
&64 Make 2 full turns

## **SQUARE MASH POTATOES, POINTED SCUFFS, SAILOR TURN**

- 65 Step right behind left swiveling both heels out, in  
66 Step left behind right making  $\frac{1}{4}$  turn left swiveling both heels out, in  
67 Step right behind left making  $\frac{1}{4}$  turn left swiveling both heels out, in  
68 Step left behind right making  $\frac{1}{4}$  turn left swiveling both heels out, in  
69-70 (Keep toe pointed) scuff right twice at 45 degrees right  
71&72 Step left behind left making  $\frac{1}{4}$  turn left, step forward left making  $\frac{1}{4}$  turn left, touch left to left side

## **REPEAT COUNTS 65-70 ON OPPOSITE FOOT, $\frac{1}{4}$ TURN SAILOR**

- 73-78 Repeat counts 65-70 on opposite foot  
79&80 Step left behind left making  $\frac{1}{4}$  turn left, step forward left, touch left to left side

## **FORWARD MASH POTATOES, SNAKE ROLL, HEAD PUSHES**

- 81 Step right in front of left swiveling both heels in  
& Raise left swiveling both heels out  
82 Step left in front of right swiveling both heels in  
& Raise right swiveling both heels out  
83 Step right behind left swiveling both heels in  
& Raise left swiveling both heels out  
84 Step left in front of right swiveling both heels in  
85-86 Snake roll right while leaning down  
87-88 Push head left twice rising up

## **SLOW BODY ROLL, BODY ROLL, NODS & STOMPS**

- 89-92 Body roll down over 4 counts  
93-94 Body roll up

### **After body roll up, your head should flow into next steps**

- 95-96 Nod twice (should flow from upward body roll) while stomping right twice (not taking weight)

## **REPEAT**

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