

# Kickin Changes

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Nancy Morgan (USA)  
音樂: New Day Dawning - Wynonna



---

## KICK-BALL-CHANGE, OUT, OUT, IN, IN, SHUFFLE FORWARD, HALF TURN

1&2      Kick right foot, put right foot next to left as you lift left foot, set left foot down  
&3&4      Put right foot out to right side, put left foot out to left side, put right foot back, then left foot back together  
5&6      Shuffle forward, right, left, right  
7-8      Step forward on left, pivot ½ turn to your right ending with weight on right

## HEEL AND CROSS AND HEEL AND TOGETHER, KICK-BALL-CHANGE, KICK-BALL-CROSS

1&2      Put left heel forward, put left next to right, cross right foot over left with weight on right  
&3&4      Put left next to right, put right heel forward, put right next to left as you lift left foot up, set left foot next to right (weight is on left)  
5&6      Kick right foot, put right foot next to left as you lift left foot, set left foot down  
7&8      Kick right foot, put right foot next to left as you lift left foot, cross left over right with weight on left

## TOUCH, CROSS STEP, TOUCH, CROSS STEP, KICK-BALL-CHANGE, CROSS, ½ TURN

1-2      Touch right to right side, cross right over left (weight on right)  
3-4      Touch left to left side, cross left over right (weight on left)  
5&6      Kick right foot, put right foot next to left as you lift left foot, set left foot down  
7-8      Cross right over left, turn ½ turn to your left

## SHUFFLE FORWARD, STEP FORWARD, ¾ TURN, STEP, SAILOR SHUFFLE, WALK, WALK

1&2      Shuffle forward, right, left, right  
3-4      Step forward on left, turn ¾ turn to your right (weight is on right)  
5-6&      Step left to left side, step right behind left, step left to left side  
7-8      Step right foot forward, step left foot forward

**REPEAT**

---