

Kicking And Spinning

COPPER KNOB
BY STEPHEN

拍數: 56 牆數: 4 級數:
編舞者: Amber Alex (USA)
音樂: A Little Less Talk and a Lot More Action - Toby Keith



LEFT KICK BALL POINT, RIGHT KICK BALL POINT, SHUFFLE FORWARD LEFT-RIGHT-LEFT, ROCK STEP

1&2 Kick left forward, rock back on ball of left, point right out to right side (kick ball point)
3&4 Kick right forward, rock back on ball of right, point left out to left side (kick ball point)
5&6 Shuffle forward left-right-left
7-8 Rock forward on right, back on left

SHUFFLE BACK RIGHT-LEFT-RIGHT, ROCK STEP BACK, ¼ PIVOT LEFT TO SHUFFLE LEFT-RIGHT-LEFT

1&2 Shuffle back right-left-right
3-4 Rock step back on left, forward on right
5&6 Pivot ¼ to left on right foot and shuffle forward left-right-left

JAZZ SQUARE, HEELS LEFT, SHUFFLE RIGHT, HEELS RIGHT, SHUFFLE LEFT W. RIGHT FOOT LEAD

7-8 Cross right over left, back on left
1-2 Step to right on right, left beside right
3 Swivel right on balls of feet so heels to left
4&5 Shuffle right-left-right to the right
6 Swivel left on balls of feet so heels to right
7&8 Shuffle right-left-right to the left

CROSS LEFT OVER RIGHT, CROSS RIGHT OVER LEFT ¾ UNWIND

1 Cross left over right
2 Cross right over left
3-4 Unwind ¾ to left to face original wall

RIGHT KICK BALL POINT, LEFT KICK BALL POINT, SHUFFLE FORWARD RIGHT-LEFT-RIGHT ROCK STEP

5&6 Kick right forward, rock back on ball of right, point out to left side
7&8 Kick left forward, rock back on ball of left, point right out to right side
1&2 Shuffle forward, right-left-right
3-4 Rock forward on left, back on right

SHUFFLE BACK LEFT-RIGHT-LEFT, ROCK STEP BACK, ¼ PIVOT TO RIGHT & SHUFFLE RIGHT-LEFT-RIGHT

5&6 Shuffle back on right, rock forward on left
7-8 Rock step back on right, rock forward on left
1&2 Pivot ¼ turn to right on left foot & shuffle forward right-left-right

JAZZ SQUARE, HEELS LEFT, SHUFFLE RIGHT, HEELS RIGHT, SHUFFLE LEFT WITH RIGHT FOOT LEAD

3-6 Cross left over right, back on right, step to left on left, right beside left
7 Swivel left on balls of feet so heels to left
8&1 Shuffle right-left-right to the right
2 Swivel left on balls of feet so heels to right
3&4 Shuffle right-left-right to the left

JAZZ SQUARE

5-8 Cross left over right, back on right, step to left on left, right beside left

REPEAT
