

Kickin'

拍數: 46 牆數: 2 級數:
編舞者: Paul Merola (USA)
音樂: I'm from the Country - Tracy Byrd



STEP FORWARD, KICK BALL CROSS, HOLD, SHUFFLE IN PLACE, BRUSH

- 1 Step forward on left foot
- 2 Kick right foot forward
- & Step right foot next to left
- 3 Cross left foot over right and step
- 4 Hold
- 5 Step right foot next to left
- 6&7 Shuffle in place (left-right-left)
- 8 Brush right foot forward

VINE RIGHT, KICK BALL CROSS, HOLD

- 9 Step to the right on right foot
- 10 Cross left foot behind right and step
- 11 Step to the right on right foot
- 12 Kick left foot forward
- & Step left foot next to right
- 13 Cross right foot in over right and step
- 14 Hold

STEP, SHUFFLE IN PLACE, BRUSH, VINE LEFT, KICK BALL CROSS, HOLD

- 15 Step left foot next to right
- 16&17 Shuffle in place right-left-right
- 18 Brush left foot forward
- 19 Step to the left on left foot
- 20 Cross right foot behind left and step
- 21 Step to the left on left foot
- 22 Kick right foot forward
- & Step right foot next to left
- 23 Cross left foot over right and step
- 24 Hold

SHUFFLES FORWARD, SIDE STEPS, CROSS TURN TOGETHER

- 25&26 Shuffle forward (right-left-right)
- 27&28 Shuffle forward (left-right-left)
- 29&30 Shuffle forward (right-left-right)
- 31 Step to the left on left foot
- 32 Step right foot next to left
- 33 Step to the left on left foot
- 34 Cross right foot behind left and step
- 35 Step to the left on left foot making a ½ turn to the left with the step
- 36 Step right foot next to left

SAILOR SHUFFLES, COASTER, HOLD, COASTER, HOLD

- 37 Cross left foot behind right and step
- & Step slightly to the right on right foot
- 38 Step left foot next to right

- 39 Cross right foot behind left and step
& Step slightly to the left on left foot
40 Step right foot next to left
41 Step forward on left foot
& Step right foot to next to left
42 Step back on left foot
43 Hold
44 Step back on right foot
45 Step forward on right foot
46 Hold

REPEAT
