

Kick Up Your Boots

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver polka
編舞者: Nancy Morgan (USA)
音樂: Bomshel Stomp - Bomshel



2 SHUFFLE FORWARD, ¼ TURN SIDE HITCHES, COASTER STEP

1&2 Shuffle forward - right, left, right
3&4 Shuffle forward - left, right, left
5-6 Lift right leg as if to do a hitch but lift it out to right side (like peeing on a hydrant) and hitch 2 times (hopping on left foot), turning to left
7&8 Coaster - step back on right, back on left, forward on right

SIDE ROCK, COASTER STEP, HEEL AND HEEL AND HEEL, HITCH

1-2 Side rock - rock/step left foot out to left side and back on right
3&4 Coaster - step back on left, back on right, step left forward
5&6& Touch right heel forward, put right next to left, touch left heel forward, put left next to right
7-8 Touch right heel forward, bring right foot up bending knee (as if you were going to do a hitch, but do not)

2 DIAGONAL SHUFFLE FORWARD, SHAKE BOOTIE, COASTER STEP

1&2 Shuffle forward towards 1:00 - right, left, right
3&4 Shuffle forward - left, right, step left to the side of right shoulder width apart
5-6 Put your hand on the upper part of your right butt cheek as you roll your hips quickly 2 times counter to the right
7&8 Step right back, back on left, forward on right

STOMP, KICK, SHUFFLE BACK, TOUCH SIDE TO SIDE, THEN HEEL AND HEEL

1-2 Stomp left foot, kick left foot forward
3&4 Shuffle back - left, right, left
5&6& Touch right foot to right side, put right next to left, touch left foot out to left side, put left next to right
7&8& Touch right heel forward, put right next to left, touch left heel forward, put left next to right

REPEAT
