

Kick Start

拍數: 64 牆數: 4 級數: Beginner
編舞者: Les Archer (UK)
音樂: Third Rate Romance - The Nashville Riders



KICK CROSSES

- 1 Step right foot forward
- 2 Kick left foot forward
- 3 Hook left leg over right at knee
- 4 Kick left foot forward
- 5 Step left foot forward
- 6 Kick right foot forward
- 7 Hook right leg over left at knee
- 8 Kick right foot forward

SHUFFLES & PIVOT, HOLD

- 9&10 Shuffle forward right left right
- 11&12 Shuffle forward left right left
- 13-14 Step right foot forward, hold for one beat
- 15-16 Pivot $\frac{1}{2}$ turn left on ball of left foot, hold for one beat

- 17-32 Repeat steps 1 -16

GRAPEVINE RIGHT, GRAPEVINE LEFT TURNING $\frac{1}{4}$ LEFT

- 33 Step to right on right foot
- 34 Cross step on left foot behind right
- 35 Step to right on right foot
- 36 Tap left foot by right
- 37 Step to left on left foot
- 38 Cross step right foot behind left
- 39 Step to left on left foot turning $\frac{1}{4}$ left
- 40 Tap right foot by left

ROLLING VINES RIGHT & LEFT

- 41 Step right foot $\frac{1}{4}$ turn to right side
- 42 Pivot $\frac{1}{2}$ turn right on right foot and step back on left
- 43 Pivot $\frac{1}{4}$ turn right on left foot and step right foot to right
- 44 Touch left foot by right
- 45 Step left foot $\frac{1}{4}$ turn to left side
- 46 Pivot $\frac{1}{2}$ turn left on left foot and step back on right
- 47 Pivot $\frac{1}{4}$ turn left on right foot and step left foot to left
- 48 Touch right foot by left

HIP BUMPS

- 49&50 Step right foot slightly to right and bump hips right twice
- 51&52 Rock back onto left foot and bump hips left twice
- 53-56 Bump hips to the right, left, right, left

BACKWARDS TOE STRUTS

- 57-58 Angle body slightly to right and step back on right toe, drop right heel to floor
- 59-60 Angle body slightly to left and step back on left toe, drop left heel to floor

61-62

Angle body slightly to right and step back on right toe, drop right heel to floor

63-64

Angle body slightly to left and step back on left toe, drop left heel to floor

REPEAT
