

# Kick Start

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Mary Kelly (UK)  
音樂: Linda Lou - The Tractors



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## STEP, KICK, BACK, TOUCH, RIGHT SHUFFLE FORWARD, KICK BALL CHANGE

1            Step forward right  
2            Kick left forward  
3            Step back left  
4            Touch right back  
5&6         Right shuffle forward (right-left-right)  
7&8         Kick left forward, step on ball of left foot, change weight to right foot

## STEP, KICK, BACK, TOUCH, LEFT SHUFFLE FORWARD, KICK BALL CHANGE

9            Step forward left  
10          Kick right forward  
11          Step back right  
12          Touch left back  
13&14       Left shuffle forward (left-right-left)  
15&16       Kick right forward, step on ball of right foot, change weight to left foot

## RIGHT VINE, LEFT HIP BUMP, HOLD, RIGHT HIP BUMP, HOLD

17          Step to right on right  
18          Step left behind right  
19          Step to right on right  
20          Touch left beside right  
21          Step slightly to left on left, bumping hips to left  
22          Hold for one beat with one clap  
23          Bump hips to right  
24          Hold for one beat with one clap

## LEFT VINE, ROCK, STEP, BACK QUARTER PIVOT

25          Step to left on left  
26          Step right behind left  
27          Step to left on left  
28          Touch right beside left  
29          Rock forward on right  
30          Rock back in place on left  
31          Step back on ball of right foot  
32          Pivot quarter turn to right with weight remaining on left foot

**REPEAT**

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