

Kick On The Beat

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Charley Beck (UK)
音樂: Best Of Order - David Sneddon



PIVOT ½ LEFT, POINT, PIVOT ½ RIGHT, POINT, FULL TURN LEFT, POINT, KICK- OUT-OUT, SWIVEL HEELS, TOES, HEELS

- &1 Pivot ½ turn left on ball of left, point right toe to right side
- &2 Pivot ½ right on ball of left, point right toe to right side
- 3&4 Make ½ turn left stepping right to right side, make ½ turn left stepping left to left side, point right toe to right
- 5&6 Kick right foot forward, step right to right, step left to left
- 7&8 Swivel heels of both feet in, swivel toes of both feet in, swivel heels of both feet in

Easier option for steps &1&2

- 1-2 Rock right to right side, recover onto left

RIGHT LOCK FORWARD, LEFT LOCK FORWARD, STEP PIVOT ½ TURN LEFT, STEP, LEFT LOCK FORWARD

- 9&10 Step forward on right, lock left behind right, step forward on right
- 11&12 Step forward on left, lock right behind left, step forward on left
- 13&14 Step forward on right, pivot ½ turn left, step forward on right
- 15&16 Step forward on left, lock right behind left, step forward on left

RIGHT KICK-SIDE-TOUCH, LEFT KICK-SIDE-TOUCH, RIGHT MAMBO BACK, LEFT MAMBO FORWARD

- 17&18 Kick right foot forward, step right to right side, touch left beside right
- 19&20 Kick left foot forward, step left to left side, touch right beside left
- 21&22 Rock back on right, recover onto left, step right beside left
- 23&24 Rock forward on left, recover onto right, step left beside right

BACK RIGHT-TOUCH-KICK, BACK LEFT-TOUCH-KICK, RIGHT MAMBO BACK, LEFT MAMBO FORWARD

- 25&26 Step right foot back on right diagonal, touch left beside right, kick left forward
- 27&28 Step left back on left diagonal, touch right beside left, kick right forward
- 29&30 Rock back on right recover onto left, step right beside left
- 31&32 Rock forward on left, recover onto right, step left beside right

REPEAT

TAGS

On 3rd and 6th walls dance the first 8 counts and then begin dance again from the beginning, you will be facing home wall both times
