

Kick N' Drag

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Larry Bass (USA)
音樂: One Foot Dragging - Band of Oz



WALK, WALK, KICK, KICK; SHUFFLE BACKWARD, ¼ TURN, DRAG

1-2 Step right foot forward, step left foot forward
3-4 Kick right foot forward twice
5&6 Shuffle backward right, left, right
7-8 Turn ¼ turn left and step left to left side, drag right foot next to left foot

¼ TURN, DRAG, ¼ TURN, FORWARD SHUFFLE, STEP ¼ TURN, STEP ¼ TURN

9-10 Turn ¼ turn left and step right foot to right side, drag left foot to right foot turning ¼ turn left
11&12 Shuffle forward left, right, left
13-14 Step right foot forward, turn ¼ turn left onto left foot while rolling hips around to the left
15-16 Step right foot forward, turn ¼ turn left onto left foot while rolling hips around to the left

AND AGAIN

17-32 Repeat counts 1-16

FORWARD SHUFFLE, STEP PIVOT, FORWARD SHUFFLE, ¾ FORWARD ROLLING TURN

33&34 Shuffle forward right, left, right
35-36 Step left foot forward, pivot ½ turn right onto right foot
37-38 Shuffle forward left, right, left
39 Rolling forward, turn ½ turn left and step right foot back
40 Continue forward roll turning ¼ turn left and step left foot to left side

CROSSOVER, SIDE, SAILOR SHUFFLE, CROSSOVER, ¼ TURN, ½ TURN SHUFFLE

41-42 Step right foot across left foot, step left foot to left side
43&44 Step right foot behind left, step left foot to left side, step right foot diagonally forward to right side
45-46 Step left foot across right foot, turn ¼ left and step right foot back
47&48 Turn ½ turn left and shuffle left, right, left

REPEAT
