

Kick It

拍數: 80 牆數: 4 級數: Advanced
編舞者: Fulvio Durazza (AUS) & Tahlee Kearnon (AUS)
音樂: I'm Holdin' On to Love (To Save My Life) - Shania Twain



- 1&2 Stomp right heel forward taking weight on right heel, stomp left in place, stomp right together
3&4 Repeat last 2 counts on left
5-6 Walk forward right-left
7-8 Traveling forward turn ½ left stepping onto right, turn ½ turn left stepping forward onto left
- 9&10 Shuffle forward right-left-right
11-12 Rock forward left, rock back onto right
13& Step back onto left, hop onto right next to left
14& Step left back, hop onto right next left
15& Step left back, hop onto right next to left
16 Step back onto left
- 17-20 Cross right leg over left, vine left turning 1-¼ turn left stepping left-right-left
21-24 Step forward right, turn ½ turn left, step forward right, kick left leg forward
- 25 Jump onto left touching right toe behind left leg
26 Jump onto left on spot touching right toe to right side
27 Jump onto right to center touching left toe to left side
28 Jump onto left to center touching right heel forward 45 degrees
29 Jump right to center touching left forward 45 degrees
&30 Jump back onto left hitching right, step forward onto right
31-32 Step forward onto left, scuff right leg forward
- 33-36 Touch right toe to right side & drop right heel, raise and drop right heel 3 times
&37-38 Jump up in air clicking both heels together & land with feet apart, jump feet together
39&40 Shuffle to right side crossing left over right, right to right side cross left over right
- 41-42 Jump both feet out, jump both feet in, crossing right over left & left behind right
43-44 Unwind ½ turn left, touch right toe to right side
&45&46 Jump right to center touching left to left side, jump left to center touching left to left side, jump left to center touching right heel forward 45 degrees
&47&48 Jump right to center touching left heel forward 45 degrees, jump back onto left hitching right, step forward onto right
- 49-53 Step forward left, stomp right together, traveling back jump back onto left touching right toe behind 3 times
54-56 Vine right stepping right to right side, left behind, step forward right turning ¼ turn right
- 57-60 Step forward left, turn ½ turn right, step forward left, lock right leg behind left
&61 Jump left to left side, cross right leg over left
62-63 Step left to left side, stomp right together
&64 Heel splits both heels out and back in, (when taking both heels out in heel splits heels should be off the ground, do heel splits on toes)
- 65-66 Step forward on right 45 degrees to right, scuff left leg forward next to left & swing it through to left side

67-68 Step forward left at 45 degrees to left side, stomp right together
69-71 $\frac{3}{4}$ Monterey turn (touch right toe to right side, turn $\frac{3}{4}$ turn right turning on left leg stepping right together, touch left to left side)
&72 Jump onto left to center raising right foot slightly off ground, touch right toe together
73-74 Kick right leg forward twice
75&76 Jump onto right to center kicking left leg forward twice
77-78 Jump onto left to center kicking right leg forward 45 degrees, cross right toe over left
79-80 Unwind $\frac{1}{2}$ turn left (feet should be together after unwind), clap hands

REPEAT

At end of fourth wall you should be facing starting wall after completing kick cross unwind clap, dance stops for 8 counts. Restart dance walking forward right-left & full turn right-left. Miss first four counts only for this wall after restarting.
