

Kick In The Head

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Caron Kipreos (UK)
音樂: Ain't That a Kick In the Head - Westlife



WEAVE TO LEFT WITH RONDE, WEAVE TO RIGHT ¼ TURN LEFT & HITCH

1-2 Cross step right over left, step left to left side
3-4 Cross step right behind left, ronde left foot around from front to back
5-6 Cross step left behind right, step right to right side
7-8 Cross step left over right, hitch right knee making ¼ turn left (facing 9:00)

FORWARD LOCK FORWARD HITCH WITH ½ TURN RIGHT, FORWARD LOCK & SHUFFLE FORWARD

1-2 Step forward on right, lock left foot behind right
3-4 Step forward on right, hitch left knee making ½ turn right, (facing 3:00)
5-6 Step forward on left, lock right foot behind left
7&8 Shuffle forward stepping left, right, left

ROCK FORWARD, TRIPLE ¾ TURN RIGHT, ROCK FORWARD, COASTER CROSS

1-2 Rock forward on right, rock back on left
3&4 Triple step turning ¾ turn right stepping right, left, right, (facing 12:00)
5-6 Rock forward on left, rock back on right
7&8 Step back on left, step right beside left, step left over right

CHASSE RIGHT, ROCK BACK, CHASSE LEFT, ROCK BACK

1&2 Chasse right to right side, stepping right, left, right
3-4 Rock back on left, rock forward on right
5&6 Chasse left to left side stepping left, right, left
7-8 Rock back on right, rock forward on left

WEAVE RIGHT, PADDLE FULL TURN RIGHT

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, cross left over right
5& Step onto right making ¼ turn right, step ball of left foot behind right heel
6& Step onto right making ¼ turn right, step ball of left foot behind right heel
7& Step onto right making ¼ turn right, step ball of left foot behind right heel
8 Step onto right making ¼ turn right, (facing 12:00)

STEP LEFT, KICK, SIDE RIGHT, CROSS LEFT, STEP RIGHT, KICK, SIDE LEFT, CROSS RIGHT

1-2 Step left to left side, angling body to right diagonal, kick right to right diagonal
3-4 Step right to right, step left over right
5-6 Step right to right side, angling body to left diagonal, kick left to left diagonal
7-8 Step left to left, step right over left

FULL TURN LEFT, CHASSE LEFT, ROCK BACK, CHASSE RIGHT

1-2 Step left making ¼ turn left, bring right beside left making ¾ turn left
3&4 Chasse left to left side, stepping left, right, left
5-6 Rock back on right, rock forward on left
7&8 Chasse right to right side, stepping right, left, right

2 X SAILOR STEPS, STEP BACK, ½ TURN RIGHT, SHUFFLE FORWARD ON LEFT

1&2 Cross left behind right, step right to right side, step left in place

3&4 Cross right behind left, step left to left side, step right in place
5-6 Step back on left, make ½ turn right, stepping forward on right
7&8 Shuffle forward stepping left, right, left, (facing 6:00)

REPEAT
