

K.G. Twist

拍數: 44 牆數: 4 級數:
編舞者: Karen Giles (AUS)
音樂: I Can Walk The Line - Joe Diffie



FOOT TWIST RIGHT, CENTER, LEFT, CENTER; TWICE

1-4 Foot twist right, center, left, center.
5-8 Repeat counts 1-4.

(RIGHT) HEEL, STEP BACK, HEEL, TOUCH

9-12 Touch right heel forward, step back right, touch left heel forward, step back left.
13-14 Touch right heel forward, step back right.
15-16 Touch left heel forward, touch left to right.

STEP FORWARD, LOCK, FORWARD & TURN ¼ LEFT, STOMP

17-20 Step forward left, lock right behind left, step forward left while turning ¼ left, stomp right along side left (with weight) so feet are slightly apart

¼ TURNING HEEL DROP, RIGHT, LEFT, RIGHT

21 Lift right heel & turn left 1/16, drop right heel.
22 Lift left heel & turn left 1/16, drop left heel.
23-24 Repeat counts 21-22, so left finishes in front of right.

(RIGHT) 2 FORWARD TRIPLES, INLINE SIDE TWIST LEFT, CENTER, TWICE

25-28 Step forward right, close left to right, step forward right, step forward left, close right to left, step forward left-so left is directly in front of right,
29-32 Twist both heels left, center, left, center.

(RIGHT) KICK BALL CHANGE, TWICE; POINT, CROSS, UNWIND, CLAP

33-34 Kick right foot forward, close right to left, close left to right.
35-36 Repeat counts 33-34
37-38 Point right toe to right, cross right in front of left leg,
39-40 Unwind ½ left, clap.

(LEFT) FORWARD TRIPLE, TURN ¼ LEFT & STOMP RIGHT, STOMP LEFT

41-44 Step forward left, close right to left, step forward left, turning ¼ left, stomp right to right (with weight), stomp left along side right (with weight), so feet are slightly apart

REPEAT
