

Key To My Heart

拍數: 64 牆數: 4 級數: Improver
編舞者: Lu Olsen (AUS)
音樂: Keys to My Heart - Lonestar



RIGHT TOE IN, RIGHT HEEL IN/TOE OUT, CROSS, KICK, ½ TURN JAZZ BOX

1-2-3-4 Touch right toe inward at 45 degrees right forward, right heel in at 45 degrees right forward with right toe facing right, cross right over left, kick left out to left side
5-6-7-8 Left over right, right to right, ½ left and step left to left, right to right, (6:00)

LEFT TOE IN, LEFT HEEL IN/TOE OUT, CROSS, KICK, ½ TURN JAZZ BOX

1-2-3-4 Touch left toe inward at 45 degrees left forward, left heel in at 45 degrees left forward with left toe facing left, cross left over right, kick right out to right side
5-6-7-8 Right over left, left to left, ½ right and step right to right, left to left, (12:00)

SHUFFLE FORWARD, ½ TURN, SHUFFLE FORWARD, ½ TURN

1&2-3-4 Shuffle forward right, left, right, step left forward, ½ right and step right forward
5&6-7-8 Shuffle forward left, right, left, step right forward, ½ left and step left forward (12:00)

Easier option with no turns: shuffle forward right, left, right, left forward, right back, shuffle back left, right, left, right back, left forward

STOMP FORWARD, HOLD, STOMP FORWARD, HOLD, 1/8 LEFT PADDLE, 1/8 LEFT PADDLE

1-2-3-4 Stomp right forward, hold, stomp left forward, hold
5-6-7-8 Forward right, 1/8 left paddle turn, forward right, 1/8 paddle turn (9:00)

TOUCH, CROSS, LEFT HEEL FORWARD, BACK, CROSS, LEFT TO LEFT, RIGHT TO RIGHT, LEFT SAILOR

1-2-3&4 Touch right toe to right, cross right over left, left heel at 45 left forward, left to left, cross right over left
5-6-7&8 Rock left to left, rock right to right, (left sailor) left behind right, right to right, left to left, (9:00)

BACK, CROSS, BACK, KICK, BACK, CROSS, BACK, TOUCH

1-2-3-4 Right back at 45 right, cross left over right, right back at 45 right, kick left forward 45 left
5-6-7-8 Left back at 45 left, cross right over left, left back at 45 left, touch right beside left

RIGHT TOE STRUT, LEFT TOE STRUT, OR (RIGHT TOE FORWARD, ½ PIVOT DROP HEEL, LEFT TOE BACK, ½ PIVOT DROP HEEL), SHUFFLE RIGHT, ROCK BACK, ROCK FORWARD

1-2-3-4 Right toe forward, drop right heel, left toe forward, drop left heel
5&6-7-8 Shuffle to right = right, left, right, rock left back, rock right forward

Option for counts 1-4: right toe forward, ½ left pivot and drop right heel, left toe back, ½ left pivot turn and drop left heel

LEFT TOE STRUT, RIGHT TOE STRUT, OR (LEFT TOE FORWARD, ½ PIVOT DROP HEEL, RIGHT TOE BACK, ½ PIVOT DROP HEEL), SHUFFLE LEFT, ROCK BACK, ROCK FORWARD

1-2-3-4 Left toe forward, drop left heel, right toe forward, drop right heel
5&6-7-8 Shuffle to left = left, right, left, rock right back, rock left forward. (9:00)

Option for counts 1-4: left toe forward, ½ right pivot and drop left heel, right toe back, ½ right pivot turn and drop right heel

REPEAT

TAG

Add tag to end of walls 2 & 5

1-2-3-4 (Toe struts and shimmy shoulders forward) (1) right toe forward and shimmy shoulders (2) drop right heel, (3) left toe forward and shimmy shoulders, (4) drop left heel

RESTART

Wall 4 is a short wall (instrumental): dance to count 32 & start again (facing front to commence wall 5)

ENDING

Start final wall (wall 7) at 6:00. Dance to count 52 you will now be facing 3:00 wall - finish off by shuffling right, left, right into a ¼ left turn to face the front, rock left back, stomp right forward to finish
