

Kermits Capers

拍數: 40 牆數: 2 級數: Intermediate
編舞者: The Urban Cowboy Dance Club
音樂: Rock This Country! - Shania Twain



SYNCOPATED ROCK STEP, ¼ PIVOT TURN LEFT

1& Rock forward on the right, step the left in place
2& Rock back on the right, step the left in place
3-4 Step forward right, turn a half turn left (weight on left foot)

SYNCOPATED GRAPEVINE LEFT, ¼ TURN LEFT

5-6 Step the right in front of the left, step the left to the left
7&8 Step the right behind the left, step left turning to the left ¼ turn, step forward on the right

ROCK STEP, ¾ TRIPLE STEP LEFT, ROCK STEP, ¼ TURN CHASSE RIGHT

9-10 Rock forward on the left, step the right in place
11&12 Triple step left, right, left with a ¾ turn left
13-14 Rock forward on the right, step the left in place
15&16 Chasse right with ¼ turn right stepping right, left, right

½ PIVOT TURN RIGHT, SHUFFLE ½ TURN RIGHT

17-18 Step the left foot forward, turn ½ turn right (weight on right foot)
19&20 Shuffle step ½ turn right stepping left, right, left

ROCK STEP, SYNCOPATED JUMP FORWARD

21-22 Rock back on the right, step the left in place
&23-24 Jump forward stepping right, left & clap!

MODIFIED TOE STRUTS

25-26 Place the right toes approx. 1 inch in front of the left and as the right heel drops to the floor, slide the left foot back
27-32 Repeat counts 25-26

ROCK STEP, SHUFFLE ½ TURN LEFT, ROCK STEP, SHUFFLE FORWARD

33-34 Rock back on the right, step the left in place
35&36 Shuffle step ½ turn left stepping right, left, right
37-38 Rock back on the left, step the right in place
39&40 Shuffle forward stepping left, right, left

REPEAT
