Kentucky Flatrock Stomp



拍數: 72 牆數: 2 級數: Improver

編舞者: Seanroox

音樂: Anyway the Wind Blows - Brother Phelps



RIGHT TOE STRUT, CROSS STRUTS, KICK BALL CHANGE AND HEEL JACKS (TWICE)

1-4 Right toe strut, left cross toe strut

5&6-7-8 Right kick ball change, swivel right heel left at same time swivel left heel left & bring to center

1-4 Right toe strut, left cross toe strut

5&6-7-8 Right kick ball change, swivel right heel left at same time swivel left heel left & bring to center

RIGHT SIDE TO SIDE, LEFT SIDE TO SIDE IN SWIVEL FASHION (REPEAT TWICE)

Step right to right - repeat (in a swiveling fashion)
Step left to left - repeat (in a swiveling fashion)
Step right to right - repeat (in a swiveling fashion)
Step left to left - repeat (in a swiveling fashion)

2 SETS OF RIGHT TO RIGHT, LEFT BEHIND RIGHT, RIGHT 1/4 TURN

With arms swinging from left to right

1-4 Step right to right, hold, left toe touch behind right, hold (arms swing from left to right)

5-8 Step left to left with qtr turn left, hold, right toe touch behind left, hold (arms swing from right

to left)

1-4 Step right to right, hold, left toe touch behind right, hold (arms swing from left to right)

5-8 Step left to left with gtr turn left, hold, right toe touch behind left, hold. (arms swing from right

to left

RIGHT TOE STRUTS, LEFT TOE STRUTS (2 SETS - 8 COUNTS)

1-4 Right toe strut, left toe strut 5-8 Right toe strut, left toe strut

STEP KICK, STEP KICK, STEP KICK

Step right forward, kick left forward, step left forward, kick right forward
 Step right forward, kick left forward, step left forward, kick right forward

STEP KICK, STEP KICK, JUMP BACK, HIT BOTH BUMPS, BUMPS GRIND TO THE LEFT

1-4 Step right forward, kick left forward, step left forward, kick right forward

&5-8& Jump back with both feet, slap bumps with hands, and do a bump grind to the left

REPEAT