Kelly's Moment



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Gary Lafferty (UK)

音樂: A Moment Like This (New Mix) - Kelly Clarkson



STEP FORWARD; ROCK, RECOVER, ½ TURN; ½ TURN

1 Step forward on right foot

2&3 Rock forward on left foot, recover weight back onto right foot, turn ½ left stepping forward

onto left foot

4 Turn another ½ left stepping back onto right foot

LEFT COASTER-CROSS; RIGHT SIDE-ROCK & CROSS

Step back on left foot, step on right foot beside left, cross-step left foot over right
Rock to right on right foot, recover weight onto left foot, cross-step right foot over left

FULL ROLLING TURN TRAVELING LEFT TURNING RIGHT; ROCK BEHIND, RECOVER, 1/4 RIGHT

Turn ¼ right, stepping back onto left foot

Turn ½ right, stepping forward onto right foot

Turn ¼ right, stepping to left on left foot

This is a full rolling turn traveling to the left, but turning over your right shoulder to begin with

Rock right foot behind left, recover weight onto left foot, turn ¼ right stepping forward onto

right foot

STEP-LOCK-STEP, ½ TURN, ½ TURN; STEP FORWARD

Step forward on left foot, lock-step right foot behind left, step forward on left foot Turn ½ left, stepping back onto right foot ; turn ¼ left stepping forward onto left foot

8 Step forward on right foot

STEP - 1/2 TURN - STEP; WALK RIGHT THEN LEFT

1&2 Step forward on left foot, pivot ½ turn to right, step forward on left foot

3-4 Step forward on right foot, step forward on left foot (add a sweeping motion to these steps for

styling)

ROCK FORWARD, RECOVER, STEP BACK, TOGETHER, CROSS-SHUFFLE

Rock forward on right foot, recover weight onto left foot, step back on right foot

& Step on left foot beside right

7&8 Cross-step right foot over left, step to left on left foot, cross-step right foot over left
Think of this as a right mambo-rock forward which turns into a coaster-cross & then into a cross-shuffle

SIDE-ROCK, RECOVER; BEHIND-SIDE-CROSS, 1/4 TURN, 1/4 TURN

1-2 Rock to left on left foot, recover weight onto right foot

3&4 Cross-step left foot behind right, step to right on right foot, cross-step left foot over right

&5 Turn $\frac{1}{4}$ left, stepping back onto right foot ; turn $\frac{1}{4}$ left stepping to left on left foot

CROSS-ROCK, RECOVER, 1/4 TURN; STEP FORWARD

6&7 Cross-rock right foot over left, recover weight back onto left foot, turn ¼ right stepping

forward onto right foot

8 Step forward on left foot

REPEAT

TAG

End of wall 1: add the full 8-count tag

End of wall 2: add only the first 4 counts of the tag

End of wall 3: add the full 8-count tag

End of wall 4: no tag

End of wall 5: add only the first 2 counts of the tag

ROCK FORWARD, RECOVER (WITH HOOK), WALK, WALK; RIGHT MAMBO FORWARD, LEFT ANCHOR

STEP

1-2 Rock forward on right, recover weight onto left (hooking right foot across left ankle)

3-4 Step forward on right foot, step forward on left foot

Rock forward on right foot, recover weight back onto left foot, step back on right foot

7&8 Rock back on left foot, recover weight onto right foot, rock back on left foot