Keepin' The Faith



拍數: 0 牆數: 2 級數: Beginner

編舞者: Deb Crew (CAN) & Knox Rhine (USA)

音樂: Keepin' the Faith - Rick Tippe



Please note the simple changes made to steps 5-8 of Section I and 5-8 of Section II each time Rick sings the chorus of this song..."Yesterday is History...Tomorrow in a Mystery"

SECTION I

FORWARD CROSS-POINT, BACK CROSS-POINT, BACK CROSS-POINT, FORWARD CROSS-POINT

1-2	Cross and step right foot over left leg, point left toes out to left side
3-4	Cross and step left foot behind right leg, point right toes out to right side
5-6	Cross and step right foot behind left leg, point left toes out to left side
7-8	Cross and step left foot over right leg, point right toes out to right side

MODIFIED STEPS FOR CHORUS ONLY - SECTION I

5-6	Rock back onto right foot, step forward in place onto left foot
7-8	Stomp right foot beside left foot (weight still on left foot), clap

SECTION II

FORWARD STEP-SCUFF, FORWARD STEP-SCUFF, BACK STEP-SCUFF, BACK STEP-SCUFF

1-2	Step forward onto right foot, scuff left heel forward
3-4	Step forward onto left foot, scuff right heel forward
5-6	Step back onto right foot, scuff left heel forward
7-8	Step back onto left foot, scuff right heel forward

MODIFIED STEPS FOR CHORUS ONLY - SECTION II

5-6	Rock forward onto right foot, step back in place onto left foot
7-8	Stomp right foot beside left foot (weight still on left foot), clap

SECTION III

RIGHT VINE, LEFT VINE, TWO LEFT 1/4 TURNS

Dancers may join hands while executing right and left vines

3-4 Step side right onto right foot, scuff left foot forward

5-6 Step side left onto left foot, cross and step right foot behind left foot

7-8 Step ¼ turn left onto left foot, turn another ¼ turn left on ball of left foot as you scuff right foot

forward

SECTION IV

RIGHT VINE, SIDE SHUFFLE, SIDE ROCK-STEP

Dancers may join hands while executing right vine and left side-shuffle

1-2	Step side right onto right foot, cross and step left foot behind right foot
3-4	Step side right onto right foot, touch left foot beside right foot and clap

Step side left onto left foot, quickly step ball of right foot beside left foot, step side left onto left

foot

7-8 Rock side right onto right foot, step side left in place on left foot

REPEAT