

Keepin' The Faith

COPPER KNOB
BY STEPHENETS

拍數: 0 牆數: 2 級數: Beginner
編舞者: Deb Crew (CAN) & Knox Rhine (USA)
音樂: Keepin' the Faith - Rick Tippe



Please note the simple changes made to steps 5-8 of Section I and 5-8 of Section II each time Rick sings the chorus of this song... "Yesterday is History... Tomorrow in a Mystery"

SECTION I

FORWARD CROSS-POINT, BACK CROSS-POINT, BACK CROSS-POINT, FORWARD CROSS-POINT

- 1-2 Cross and step right foot over left leg, point left toes out to left side
- 3-4 Cross and step left foot behind right leg, point right toes out to right side
- 5-6 Cross and step right foot behind left leg, point left toes out to left side
- 7-8 Cross and step left foot over right leg, point right toes out to right side

MODIFIED STEPS FOR CHORUS ONLY - SECTION I

- 5-6 Rock back onto right foot, step forward in place onto left foot
- 7-8 Stomp right foot beside left foot (weight still on left foot), clap

SECTION II

FORWARD STEP-SCUFF, FORWARD STEP-SCUFF, BACK STEP-SCUFF, BACK STEP-SCUFF

- 1-2 Step forward onto right foot, scuff left heel forward
- 3-4 Step forward onto left foot, scuff right heel forward
- 5-6 Step back onto right foot, scuff left heel forward
- 7-8 Step back onto left foot, scuff right heel forward

MODIFIED STEPS FOR CHORUS ONLY - SECTION II

- 5-6 Rock forward onto right foot, step back in place onto left foot
- 7-8 Stomp right foot beside left foot (weight still on left foot), clap

SECTION III

RIGHT VINE, LEFT VINE, TWO LEFT ¼ TURNS

Dancers may join hands while executing right and left vines

- 1-2 Step side right onto right foot, cross and step left foot behind right foot
- 3-4 Step side right onto right foot, scuff left foot forward
- 5-6 Step side left onto left foot, cross and step right foot behind left foot
- 7-8 Step ¼ turn left onto left foot, turn another ¼ turn left on ball of left foot as you scuff right foot forward

SECTION IV

RIGHT VINE, SIDE SHUFFLE, SIDE ROCK-STEP

Dancers may join hands while executing right vine and left side-shuffle

- 1-2 Step side right onto right foot, cross and step left foot behind right foot
- 3-4 Step side right onto right foot, touch left foot beside right foot and clap
- 5&6 Step side left onto left foot, quickly step ball of right foot beside left foot, step side left onto left foot
- 7-8 Rock side right onto right foot, step side left in place on left foot

REPEAT