Keep This Burning



拍數: 0 牆數: 2 級數: Intermediate

編舞者: EmCee (UK)

音樂: Keep This Fire Burning - Beverley Knight



Sequence: AB, AB, A(1-16), B to end

PART A

POINT, KICK, STEP TOUCH, SHUFF	FLE. STEP. 1	4 TURN. STEP
--------------------------------	--------------	--------------

1-2	Touch	right to	right side	kick right	across left
1-2	TOUCH	rigiil lo	TIGHT SIDE,	KICK HIGH	aciossieil

3-4 Step right to side, turn to left diagonal touch left across right

5&6 Facing diagonal step left forward, step right behind left, step left forward

7&8 Step right next to left, ¼ turn left (straighten to side wall) step left in place, step right in place

POINT, KICK, STEP TOUCH, SHUFFLE, ROCK RECOVER STEP

1-2	Touch left to left sign	de, kick left across right

3-4 Step left to side, turn to right diagonal touch right across left

5&6 Facing diagonal step right forward, step left behind left, step right forward

7&8 Rock forward on left, recover weight onto right (straighten up to side wall) step left to side

TOUCH STEP, TOUCH STEP, STEP ½ TURN, SAILOR STEP

1-2	Touch right toe forward, drag right back to step in front of left
3-4	Touch left toe forward, drag left back to step in front of right

5-6 Step right forward, ½ turn right step back on left

7&8 Sweep right behind left, step left to left side, step right to right side

TOUCH STEP, TOUCH STEP, SIDE BEHIND STEP, KICK BALL CHANGE

1-2	Touch left toe forward, drag left back to step in front of right
3-4	Touch right toe forward, drag right back to step in front of left
5&6	Step left to left side, step right behind left, step left forward

7&8 Kick right forward, step ball of right next to left as you lift left, step left in place

PART B

ROCK RECOVER CROSS, ROCK RECOVER CROSS, WALK WALK, HEEL BALL CHANGE

1&2	Rock right to right side, recover weight onto left, cross right in front of left
3&4	Rock left to left side, recover weight onto right, cross left in front of right

5-6 Step right in front of left, step left in front of right

7&8 Dig right heel forward, large step back onto ball of right as you lift left, step left in place

LOCK STEP, ROCK RECOVER BACK, FULL TURN, SHUFFLE

1-2	Step right	torward, st	tep left be	ehind right
-----	------------	-------------	-------------	-------------

3&4	Rock forward on right	, recover weight onto left	. step back on right

5-6 ½ turn left step onto left, ½ turn left step back onto right

7&8 Step forward on left, step right behind left, step forward on left

STEP 1/4 TURN, CROSS SHUFFLE, FULL TURN, SIDE SHUFFLE

1-2	Step right forward, ¼ t	turn left ste	p left in place

3&4 Cross right in front of left. Step left to left side, cross right in front of left

5-6 Turn ¼ right step back on left. Turn ¾ right step on right
7&8 Step left to left side, step right next to left, step left to left side

ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER, ¾ TURN

1-2	Rock right behind left, recover weight onto left
3&4	Step right to right side, step left next to right, step right to right side
5-6	Rock left behind right, recover weight onto right
7&8	Turn ¼ right step back on left, turn ¼ right step on right, step ¼ right step forward on left