Keep The Fire Burning



拍數: 32 牆數: 4 級數: Beginner

編舞者: Kathrine Strand Hammond (NOR)

音樂: Baby Come On (feat. DJ Robbie) - Chris Anderson



HEEL, TOE, STEP OUT, STEP OUT, 1/4 TURN RIGHT, KICK BALL STEP, HOLD (WITH SHOULDERS)

1-4 Touch right heel forward, touch right toe back, step right out to right side, step left out to left

side

5-6&7 Turn ¼ to right on balls of both feet (weight ends on left), kick right forward, step right next to

left, step left forward

8 Hold (quickly put weight on left before continuing)

Optional: lift shoulder up-down-up-down on the counts &7&8

WALK FORWARD, STEP OUT, STEP OUT, ROLL KNEE, ROLL KNEE, STEP, SLIDE

Step forward on right, step forward on left, step right out to right side, step left out to left side 5-8 Pick right heel up/roll right knee from inside to outside, pick left heel up/roll left knee from

inside to outside, step large step with right to right side, slide/touch left next to right

HITCH/BOUNCE, HITCH/BOUNCE, POINT, TURN 1/4 LEFT, POINTS

Pick left knee up/bounce, bounce/roll left hip left, step/bounce left behind right

Pick right knee up/bounce, bounce/roll right hip right, step/bounce right behind left

5-6 Point left to left side, turn ½ left/step left next to right

7&8& Point right to right side, step right next to left, point left to left side, step left next to right

STEP FORWARD, TURN ¼ LEFT, STEP FORWARD, TURN ¼ LEFT, TAP, STEP FORWARD, ¼ TURN LEFT/TAP, STEP FORWARD

1-4 Step right forward, turn ¼ left (put weight on left), step right forward, turn ¼ left (put weight on

left)

5-6 With weight on left: tap right diagonally forward, step right diagonally forward

7-8 With weight on right: tap left diagonally forward/¼ turn left, step left diagonally forward

REPEAT