

Keep The Faith

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Michelle Warner (UK)
音樂: The Way You Love Me - Faith Hill



TOE, HEEL, COASTER STEP, TOE, HEEL, COASTER STEP

- 1 Tap right toe into instep of left
- 2 Dig right heel into instep of left
- 3&4 Step back on right, bring left to meet right, step forward on right
- 5 Tap left toe into instep of right
- 6 Dig left heel into instep of right
- 7&8 Step back on left, bring right to meet left, step forward on left

FORWARD ROCK, FULL SHUFFLE TURN, FORWARD ROCK, ¾ SHUFFLE TURN

- 9-10 Step forward on right, replace weight onto left
- 11&12 Step right, left, right while turning round to right 360°
- 13-14 Step forward on left, replace weight onto right
- 15&16 Step left, right, left while turn ¾ left

POINT FORWARD, POINT SIDE, SAILOR STEP, POINT FORWARD, POINT SIDE, SAILOR STEP

- 17 Point right toe forward
- 18 Point right toe to right side
- 19&20 Cross right behind left, step left to left side, right to right side
- 21 Point left toe forward
- 22 Point left toe to left side
- 23&24 Cross left behind right, step right to right side, step left to left side

CROSS ROCK, CHASSE RIGHT, CROSS ROCK CHASSE LEFT WITH ¼ TURN

- 25-26 Cross right over left, replace weight onto left
- 27&28 Step right to right side, bring left to meet right, step right to right side
- 29-30 Cross left over right, replace weight onto right
- 31&32 Step left to left side, bring right to meet left, step left to left side making ¼ turn left

½ PIVOT, FORWARD SHUFFLE, STEP FORWARD, HOLD, STEP FORWARD, HOLD

- 33-34 Step forward on right, turn round ½ to left transferring weight to left
- 35&36 Step forward on right, bring left to meet right, step forward on right
- 37-38 Step forward on left, hold for 1 count
- &39-40 Quickly step right next to left and step left forward. Hold for one count

STEP SIDE, STEP BEHIND, HEEL JACK, CROSS, STEP SIDE, STEP BEHIND, HEEL JACK CROSS

- 41-42 Step right to right side, step left behind right
- 43&44 Step right slightly back while digging left heel forward, quickly bring left to meet right and cross right over left
- 45-46 Step left to left side, step right behind left
- 47&48 Step left slightly back while digging right heel forward, quickly bring right to meet left and cross left over right

SIDE ROCK CROSS, SIDE ROCK CROSS, FORWARD ROCK, BACK ROCK

- 49&50 Step right to right side, quickly replace weight onto left and cross right over left
- 51&52 Step left to left side, quickly replace weight onto right and cross left over right
- 53-54 Step right forward and replace weight onto left

55-56

Step back on right and replace weight onto left.

REPEAT
