

Keep Me Hangin On

COPPERKNOB
BY STEPHEN BATES

拍數: 48 牆數: 4 級數: Improver
編舞者: Ross Brown (ENG)
音樂: You Keep Me Hangin' On - The Supremes



DIAGONAL SHUFFLE, ½ ROLL, DIAGONAL SHUFFLE, ROCK BACK

1&2 Step right foot diagonally forward right, bring left up to right, step right foot diagonally forward right
3-4 Roll hips to the right from the back to the front while turning a ½ right
5&6 Step left foot diagonally back left, bring right up to left, step left foot diagonally back left
7-8 Rock back with right, recover onto left

DIAGONAL SHUFFLE, ½ ROLL, DIAGONAL SHUFFLE, ROCK BACK

1&2 Step right foot diagonally forward right, bring left up to right, step right foot diagonally forward right
3-4 Roll hips to the right from the back to the front while turning a ½ right
5&6 Step left foot diagonally back left, bring right up to left, step left foot diagonally back left
7-8 Rock back with right, recover onto left

STEP, ½ TURNING KICK, COASTER STEP, STEP, ½ TURNING KICK, COASTER STEP

1-2 Step forward with right, pivot a ½ left while kicking left foot forward
3&4 Step back with left, step right next to left, step forward with left
5-6 Step forward with right, pivot a ½ left while kicking left foot forward
7&8 Step back with left, step right next to left, step forward with left

SIDE BEHIND & CROSS, ½ UNWIND, SIDE BEHIND & CROSS, ½ UNWIND

1-2 Step right to the right, cross step left behind right
& Step right to the right
3-4 Cross step left over right, unwind ½ right
5-6 Step right to the right, cross step left behind right
& Step right to the right
7-8 Cross step left over right, unwind ½ right

SAILOR STEP, BEHIND SIDE CROSS, STEP, ¼ PIVOT, STEP, ½ PIVOT

1&2 Cross step right behind left, step left to the left, step right to the right
3&4 Cross step left behind right, step right to the right, cross step left over right
5-6 Step forward with right, pivot a ¼ left
7-8 Step forward with right, pivot a ½ left

Restart from here on wall 4

ROCK FORWARD, COASTER STEP TWICE

1-2 Rock forward with right, recover onto left
3&4 Step back with right, step left next to right, step forward with right
5-6 Rock forward with left, recover onto right
7&8 Step back with left, step right next to left, step forward with left

REPEAT

RESTART

Restart after count 40 on wall 4

ENDING

Danced once at the end of wall 8

- 1-2 Step forward with right, step left next to right
 - 3-4 Step back with right, step left next to right
 - 5-6 Step forward with right, step left next to right
 - 7-8 Step back with right, step left next to right
-