

Keep It In The Family

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Elaine Jordan (UK)
音樂: Keep It In The Family - Jellyroll Antennae



STEP RIGHT BEHIND, AND CROSS STEP, ROCK BACK, FORWARD, CHASSE LEFT

1-2 Step right foot to right side, step left foot behind right
&3-4 Step right foot to side, cross left foot in front of right, step right foot to right side
5-6 Rock back on left foot, recover weight forward onto right foot
7&8 Step left foot to left side, close right to left, step side left

FRONT, SIDE, AND WALK, WALK, ROCK FORWARD, BACK, COASTER STEP

1-2 Step right foot across left, step side left
&3-4 Step onto right foot in place, walk forward left foot, walk forward onto right foot
5-6 Rock forward onto left foot, recover weight back onto right foot
7&8 Step back on left foot, together with right foot, step forward on left foot

STEP ¼ TURN, CROSS SHUFFLE ROCK LEFT RIGHT, BEHIND, SIDE FRONT

1-2 Step forward on right foot, make ¼ turn left onto left foot
3&4 Cross right foot over left, left to left side, cross right foot over left,
5-6 Side rock weight onto left foot, rock weight back onto right foot
7&8 Step behind with left foot, to the right side on right, cross left foot over right

ROCK LEFT RIGHT, STEP ½ TURN, RIGHT KICK BALL CHANGE TWICE

1-2 Rock onto right foot to right side, recover weight onto left foot
3-4 Step forward onto right foot, make ½ turn to left weight on left foot
5&6 Kick right foot forward, step quickly onto right foot, transfer weight onto left foot
7&8 Kick right foot forward, step quickly onto right foot, transfer weight onto left foot

WALK, WALK, TOUCH, STEP, LEFT SHUFFLE BACK, ROCK BACK AND BACK

1-2 Walk forward right foot, walk forward left foot
3-4 Touch right toe behind left foot, step back on right foot
5&6 Back left foot, bring right foot next to left, step back on left foot
7&8 Step back on right foot pushing hips back, push hips forward, push hips back

½ TURN TOUCH, ½ TURN TOUCH, CROSS TOUCH, RIGHT HEEL BALL CROSS

1-2 Step forward on left foot as you pivot ½ turn to left, touch right toe to right side
3-4 Step forward on right foot as you pivot ½ turn to right, touch left toe to left side
5-6 Cross left foot over front of right foot, touch right toe to right side
7&8 Touch right heel forward, step onto ball of right foot, cross left foot over front of right

REPEAT
