

# Kathy's Out Of Control

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 4      級數: Intermediate/Advanced  
編舞者: Kathy Liskow (USA)  
音樂: One for Sorrow - Steps



## **¼ TURN, SHUFFLE, ½ PIVOT, ¼ TURN SHUFFLE, ½ PIVOT**

1&2      Step right foot making ¼ turn left, step left next to right, step right to right side  
3-4      Cross left over right making ¼ turn right, pivot ½ turn right  
5&6      Step left making ¼ turn right, step right next to left, step left to left side  
7-8      Cross right over left making ¼ turn left, pivot ½ turn left

## **½ TURN, ¾ TURN, SIDE ROCKS, MONTEREY ½ TURN**

1-2      Step forward on right making a ½ turn left, step back on left making a ¾ turn left  
3&4      Rock right on right, step left in place, step right beside left  
5&6      Rock left on left, step right in place, step left beside right  
7-8      Touch right toe to side, make ½ turn right step on right

## **MONTEREY ¼ TURN, ROCK STEP, COASTER STEP, ROCK STEP**

1-2      Touch left toe to side, make a ¼ turn left step on left  
3-4      Rock forward on right, step back on left  
5&6      Rock back on right, step left beside right, step forward on right  
7-8      Rock forward on left, step back on right

## **¼ TURN SHUFFLE, HOP FORWARD, CLAP, HOP BACK, CLAP, OUT-OUT, IN-IN**

1&2      Step left, right, left making a ¼ turn left  
&3-4      Hop forward right, left, clap  
&5-6      Hop back right, left, clap  
&7&8      Step right foot to right, step left foot to left step right foot home, step left foot home

## **OUT - OUT, IN - IN, HEEL JACK, STEP, CROSS, HEEL JACK, STEP, STEP, STOMP, STOMP**

&1&2      Step right foot to right, step left foot to left, step right foot home, step left foot home  
&3&4      Step back on right, touch left heel forward, step left home, cross right over left  
&5&6      Step back on left, touch right heel forward, step left home, step right beside left  
7-8      Stomp right, stomp left

**REPEAT**

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