拍數： 64
骶數： 4
級數：Intermediate
編舞者：Mary Kelly（UK）
音樂：Old Time Rock \＆Roll－Bob Seger

RIGHT SIDE SHUFFLE，TURN，ROCK，STEP，LEFT SIDE SHUFFLE，TURN，ROCK，STEP<br>1\＆2 Step to right on right，close left beside right，step to right on right<br>\＆Pivot half turn right on ball of right foot<br>3－4 Rock to left on left，rock back in place on right<br>5\＆6 Step to left on left，close right beside left，step to left on left<br>\＆Pivot half turn left on ball of left foot<br>7－8 Rock to right on right，rock back in place on left

## KICK，KICK，BALL CHANGE，KICK，STEP BACK，THREE DOUBLE HIP BUMPS WITH FINGER CLICKS

9－10 Kick right across left twice．（angling body slightly to left）
\＆11 Step on ball of right，change weight to left
12
Kick right across left once
13 Step back diagonally right on right（angling body slightly to left）
14－16 Keeping weight back on right foot，bump hips right，left，right，left，right，left at same time clicking fingers at hip level once with each double hip bump

## SIDE TOE STRUTS，STEP，\＆，STEP，\＆，STEP，CLOSE

17－18 Touch left toe to left，bring weight down onto heel
19－20 Cross right toe over left，bring weight down onto heel
21\＆Step left on left，close right beside left
22\＆Repeat 21\＆
23\＆Repeat 21\＆
24 Close right beside left
HEEL BUMPS（TWO RIGHT，TWO LEFT，TWO RIGHT，TWO LEFT．）
25－26 Swivel heels to right，and bounce twice
27－28 Swivel heels to left，and bounce twice
29－32 Repeat counts 25－28）
RIGHT SIDE SHUFFLE，ROCK，STEP，FOUR FLICK TURNS BACKWARDS
33\＆34 Step right on right，close left beside right，step right on right
35－36 Rock back on left，rock forward on right
$37 \quad$ Flick left foot forward，at the same time，pivot（or hop） $1 / 8$ turn left on ball of right foot
38－40 Repeat count 37 three times，（making half turn in all）

## LEFT SIDE SHUFFLE，ROCK，STEP，FOUR FLICK TURNS BACKWARDS

41\＆42 Step left on left，close right beside left，step left on left
43－44 Rock back on right，rock forward on left
45 Flick right foot forward，at the same time，pivot（or hop） $1 / 8$ turn right on ball of left foot
46－48 Repeat count 45 three times，（making half turn in all）
SINGLE HEEL JACK，SYNC HEEL JACKS（2）
49－50 Step back on right foot，tap left heel forward
51－52 Step left in place，close right beside left
\＆53 Step back on left foot，tap right heel forward
\＆54 Step right in place，close left beside right

## SYNCOPATED WEAVE, CROSS, UNWIND 314 TURN

57-58
\&59
60-61
\&62
63-64

REPEAT
Alternative steps for counts 37-40 (if required)
37-38
39-40
Step left on ball of left foot, pivot quarter turn to left (weight remaining on right)
Alternative steps for counts 45-48 (if required)
45-46 Step right on ball of right foot, pivot quarter turn to right (weight remaining on left)
47-48 Repeat counts 45-46

