

Kamakazzi

拍數: 120 牆數: 1 級數: Intermediate
編舞者: Diane Ulm
音樂: Born to Boogie - Hank Williams, Jr.



"Kamakazzi" was choreographed by Diane Ulm for SWEET COUNTRY MUSIC DANCE TEAM from Sacramento. This dance won her team many trophies for BEST SOLO DANCE in their division.

TOE-HEELS (DONE IN PLACE)

1-8 Touch right toe, drop right heel, touch left toe, drop left heel, touch right toe, drop right heel, touch left toe, drop left heel

KICK-BALL-CHANGE, KICK-BALL-CHANGE, CROSS, BACK, HALF TURN

1&2 Kick right forward, step right in place, step left next to right
3&4 Kick right forward, step right in place, step left next to right
5-6 Cross right in front of left and step down on right, step back on left
7-8 Do ½ turn right by swinging right foot around to right side and step down on right, step left beside right (6:00)

STEP, HALF-TURN, STEP-POINT, STEP, POINT, POINT, TOUCH

1-2 Step forward right, turn ½ turn left to face (12:00)

Weight is left

3-6 Point right toe to right side, step right behind left, point left toe to left side, step left behind right
7-8 Point right toe to right side, touch right beside left

RIGHT VINE WITH ¼ TURN, STEP, STEP, STEP, STEP

1-4 Step right to right side, step left behind right, step right to right side, cross left over right
5-6 Make a ¼ turn to the right (3:00) and step on right, step forward left
7-8 Step forward right, step forward left

Styling touch: on counts 1-4, turn head to the right

HEEL, TOUCH, RIGHT TOUCH-PIVOT, CROSS, SLIDE, SLIDE, SLIDE, SLIDE

1-4 Touch right heel forward, touch right beside left, touch right toe forward and turn ¼ left (12:00), cross right over left

Weight on right

5-8 Slide left to left side, slide right next to left, slide left to left side, slide right next to left

DUCK WALK, TOUCH, ¼ TURN, BUMP, BUMP

1-2 Step right heel in (toes point diagonally out), step left heel in while rolling right heel to right side
3-4 Step right heel in while rolling left heel to left side, step left heel in while rolling right heel to right side
5-6 Touch right toe forward to 12:00, turn ¼ turn left and raise right hip (9:00)
7-8 Bump hips left twice

Styling touch on counts 1-8:

Ladies: put right hand behind head, left hand on left hip

Men: hold hands at hip level, palms forward, fingers horizontal to floor, move fingers up and down with beat of music

CROSS, SLIDE, SLIDE, SLIDE, HEEL TOUCH, TOE TOUCH, STOMP, STOMP

1-4 Cross right over left, slide left to left side, slide right next to left, slide left to left side

5-8 Touch right heel forward, touch right toe to right side, stomp right beside left, stomp right beside left (9:00)

Weight remains on left

DUCK WALK, STOMP, HEEL ROLL ½ TURN, TOGETHER, HOLD

1-2 Step right heel in (toes point diagonally out), step left heel in while rolling right heel to right side

3-4 Step right heel in while rolling left heel to left side, step left heel in while rolling right heel to right side

5-6 Stomp forward right, lift right foot off floor but keep right instep against left inside ankle and lift left toe, roll ½ turn to left (3:00)

This is actually a lot easier than it sounds - all you are doing is picking your right foot up and doing a half-turn on your left heel, coming down equally on both feet

7-8 Put both feet flat on floor, hold

Styling touch on counts 1-4: put hands forward at "buns" level, and pinch fingers as though grabbing "buns"

HOPSCOTCH (STEP, POINT, STEP, POINT, STEP, HOP, OUT, TOGETHER)

Style as though you were a child playing hopscotch

1-4 Step forward right, point left toe to left side, step forward left, point right toe to right side

5-6 Step forward right, raise left foot and hop slightly forward on right

7 Hop slightly forward on right, coming down with feet spread apart towards 12:00 and 6:00

8 Slide feet together - weight is left (facing 3:00)

¼ TURN POINT-PIVOT, HIP DROP, HEEL, STEP, ¼ TURN, STEP, STEP, STOMP

1-2 Point right toe forward (3:00) and turn ¼ (12:00) raising right hip, drop hip

3-4 Touch right heel forward, step right beside left

5-6 Make ¼ turn left (9:00) and step forward on left (short step), step forward right

7-8 Step forward left, stomp right (9:00)

Weight remains on left

STEP HALF-PIVOTS, STOMP, HEEL SWIVELS, KICK

1-2 Step forward right, turn ½ turn left and step on left (3:00)

3-4 Step forward right, turn ½ turn left and step on left (9:00)

5-8 Stomp right next to left, swivel heels left, swivel heels back to center, kick right forward

CROSS, BACK, BACK, CROSS AND TOUCH, KICK, STEP, ¼ TURN, STEP

1-4 Cross right over left, step back left, step back right, cross left over right touching left toe

5-8 Kick left forward, step left beside right, make ¼ turn to right and step on right, step left beside right (12:00)

Weight is left

HEEL, STOMP, HOP OUT, HAND SLAPS, SLIDE TOGETHER

1-2 Touch right heel forward, stomp right beside left

3-4 Hop and land with feet spread apart towards 9:00 and 3:00, slap left hip with right hand

5-6 Raise right hand to right side and slap right hip with left hand, slap right "bun" with right hand (leave it there)

7-8 Slap left "bun" with left hand (leave it there), slide both feet together while hands are still on "buns", take hands off "buns" when feet are together (12:00)

TOE TOUCH ¼ TURNS

1-2 Touch right toe to right side, step right beside left

3-4 Touch left toe to left side, step left beside right and ¼ pivot left to face 9:00

5-6 Touch right toe to right side, step right beside left

7-8 Touch left toe to left side, step left beside right and ¼ pivot left to face 6:00

TOE TOUCH ¼ TURNS

- 1-2 Touch right toe to right side, step right beside left
- 3-4 Touch left toe to left side, step left beside right and $\frac{1}{4}$ pivot left to face 3:00
- 5-6 Touch right toe to right side, step right beside left
- 7-8 Touch left toe to left side, step left beside right and $\frac{1}{4}$ pivot left to face 12:00

REPEAT
