

# Kalinka

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Laura Michaels (UK) & Becky Michaels (UK)  
音樂: Kalinka - Hermes House Band



For styling, link arms with dancers on either side of you for counts 1-16

## RIGHT GRAPEVINE & KICK, LEFT GRAPEVINE & KICK

1-4            Step right to side, left behind right, right to side, kick left across right  
5-8            Step left to side, right behind left, left to side, kick right across left

## STEP & KICK X 4 ON RIGHT, LEFT, RIGHT, LEFT

9-10           Step forward on right, kick left across right  
11-12          Step forward on left, kick right across left  
13-14          Repeat 9-10  
15-16          Repeat 11-12

## STEP FORWARD ON RIGHT, ½ PIVOT LEFT TWICE, ROCK FORWARD & BACK, HOLD

17-20          Step forward on right, ½ pivot left. TWICE  
21-24          Rock forward on right, recover on left, rock back on right, hold

For styling, cross arms at shoulder height (Cossack style)

## HEEL SWITCHES X 3, HOLD. HEEL SWITCHES X 3, HOLD

25&26          Step left heel forward, left foot next to right & right heel forward  
&27-28          Step right foot next to left & left heel forward, hold  
29-32          Repeat 25-28 starting with right heel

## CROSS ROCK, SHUFFLE RIGHT, CROSS ROCK, SHUFFLE LEFT WITH ¼ TURN LEFT

33-36          Cross right over left, recover, shuffle right  
37-40          Cross left over right, recover, shuffle left with ¼ turn left

## STEP FORWARD, ½ PIVOT, RIGHT SHUFFLE, STEP, ½ TURN, ROCK BACK, STEP

41-44          Step forward on right, ½ pivot left, right shuffle forward  
45-48          Step forward on left, ½ turn right, rock back on right, step forward on left

## STEP FORWARD ON RIGHT, ½ PIVOT LEFT TWICE, ROCK FORWARD AND BACK, HOLD

49-52          Step forward on left, ½ pivot left twice  
53-56          Rock forward on right, recover on left, rock back on right, hold

For styling, cross arms at shoulder height (Cossack style)

## HEEL SWITCHES X 3, HOLD. HEEL SWITCHES X 3, HOLD

57&58          Step left heel forward, left foot next to right & right heel forward  
&59-60          Step right foot next to left & left heel forward, hold  
61&62          Step right heel forward, right foot next to left & left heel forward  
&63-64          Step left foot next to right & right heel forward, hold

## REPEAT

## RESTART

Towards the end of walls 1 & 4, when the music quickens, miss out steps 53-60

## TAG

After section 4 during wall 2 dance the following & continue with count 33

1-4            Rock back on right, recover, touch right next to left, hold

## **TAG**

**At the end of wall 3, dance the following when the music stops & start again on the vocals**

- 1-4            Rock forward on right, recover, ½ turn right stepping forward on right, rock forward on left
- 5-8            Recover, ½ turn left stepping forward on left, stomp right next to left, stomp left next to right
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