

Kalija

拍數: 16 牆數: 2 級數: Beginner
編舞者: Chris Hookie (USA) - January 1993
音樂: Kaw-Liga - Hank Williams, Jr.



All dancers start off in single file lines all facing the line of dance and make a ½ turn to the left at the completion of the dance pattern.

BEGINNING LEVEL-STRAIGHT TIME

POINT, BACK, POINT, BACK

- 1 Right foot touch to the side
- 2 Right foot step straight back-rear of center
- 3 Left foot touch to the side
- 4 Left foot step straight back-rear of center

Keep weight evenly distributed between both feet.

JUMPING JACKS WITH ½ TURN, TOUCH

- 5 Jump and spread feet apart-shoulder's width
- 6 Jump and cross feet-right foot over left foot
- 7 Spin around ½ turn to the left on the balls of the feet
- 8 Touch right foot center

GRAPEVINE RIGHT, KICK AND ¼ TURN

- 9 Right foot step to the side
- 10 Left foot step behind right foot
- 11 Right foot step to the side
- 12 ¼ turn to the right and kick left foot forward

½ PIVOT, ½ PIVOT, ¼ TURN, TOUCH

- 13 Left foot step back and make a ½ pivot turn to the left
- 14 Right foot step forward and make a ½ pivot turn to the left
- 15 Left foot step back and make a ¼ turn to the left
- 16 Right foot touch center

REPEAT

ADVANCED LEVEL-SYNCOPATED TIME

- 1-4 (8 steps) while the lead foot performs the straight pattern, the weight bearing foot makes a slight jump in place during the off beat.
- 5-8 (8 steps) the jumping jacks can be performed twice as fast with the first two beats performed twice, make your ½ turn and perform your jumping jacks again. (beechnut steps could be substituted in this section).
- 9-12 (4 steps) make a ¼ turn to the right-slide your right forward approximately 6" and touch left toe straight down next to the heel of the right foot, switch-slide your left forward approximately 6" and touch right toe straight down next to the heel of the left foot, switch-slide your right forward approximately 6" and touch left toe straight down next to the heel of the right foot, kick left foot forward and slide right foot back slightly.
- 13-16 (4 steps) left toe touch straight back and slide right foot back slightly, right toe touch straight back and slide left foot back slightly, left toe touch straight back and slide right foot back slightly, make a ¼ turn left and bring right foot next to left foot.

REPEAT

VARIATIONS

There are a big variety of variations that can be added to Kawliga. The following are just a few of the more common ones.

- 1) Additional turns may be added to the vine steps.
- 2) At the end of beginning or advanced steps 2 and 4 instead of bringing your free foot next to your weight bearing foot, put weight on both feet and "slam" your feet together and clap your hands. Perform the "slam" with feeling!!
- 3) When performing Advanced Level step 3-guys can grab the front brim of their hats and bend over forward slightly.
- 4) When performing Advanced step 4-dancers could lean back, cross their arms and perform Russian kicks forward while they move backwards.
- 5) Arm movements that accent the dance are always welcome.
- 6) And yes-vocals-there are a variety of "Indian" yells and calls that can be performed during the dance. See Comments.

Suggested Dance Style: No matter if Kawliga is performed at the beginning or advanced level, it should always be performed with the feeling and style of the Music (an "Indian" flavor).

Comments: There are some unique vocals that are highly suggested when performing Kawliga. They include for:

Step 1: "hun-ga-chow-wa", "hun-ga-chow-wa"

Step 2: "hunga-hunga-hunga-hey"

Step 3: "hine-ya, hine-ya, hine-ya, ho"

Step 4: Any made up gibberish variations from the first three steps
