

Kajee Boogie

COPPER **KNOB**
BY STEPHEN BATES

拍數: 56 牆數: 4 級數: Intermediate/Advanced
編舞者: Jenny Bounds (AUS) & Kimberley Bounds (AUS)
音樂: Born to Boogie - Hank Williams, Jr.



LEFT TOE FORWARD AT 45 DEGREES LEFT; HOLD; RIGHT TOE FORWARD AT 45 DEGREES RIGHT, WHILE SWIVELING LEFT HEEL TO NEUTRAL; HOLD

1-4 Step left toe forward pointing 45 degrees left, hold, step right toe forward pointing 45 degrees right and swivel left foot to neutral, hold

LEFT TOE FORWARD AT 45 DEGREES LEFT; RIGHT TOE FORWARD AT 45 DEGREES RIGHT, LEFT TOE FORWARD AT 45 DEGREES LEFT; STOMP RIGHT FOOT

5-8 Step left toe forward pointing 45 degrees left, step right toe forward pointing 45 degrees right, step left toe forward pointing 45 degrees left, stomp right foot next to left (weight on left)

RIGHT KNEE ROLL; LEFT KNEE ROLL

1-4- Lift right heel of floor & roll right knee to right, lift left heel of floor & roll left knee to left. (weight on left)

JUMP BACK RIGHT, LEFT; JUMP BACK RIGHT, LEFT

&5-6&7-8 Jump back on right foot then left foot (feet apart), clap, jump back on right foot then left foot (feet together), clap

RIGHT HEEL FORWARD, NEUTRAL, SIDE, NEUTRAL

1-4 Touch right heel forward, touch right next to left, touch right toe to right side, step right next to left (weight on right)

LEFT HEEL FORWARD, NEUTRAL, SIDE, TOUCH BACK

5-8 Touch left heel forward, touch left next to right, touch left toe left side, touch left toe back

STEP KICK, TOUCH BACK, STEP KICK, TOUCH BACK

1-4 Step left foot forward, kick right foot forward, step right foot next to left, touch left foot back

STEP KICK, TOUCH BACK, STEP KICK, TOUCH BACK

5-8 Step left foot forward, kick right foot forward, step right foot next to left, touch left foot back (weight on right)

LEFT HEEL GRIND TURNING ¼ TURN LEFT; HOLD; STOMP; CLAP

1-4 Step left heel forward while turning ¼ turn left, hold, stomp right next to left, clap

MONTEREY TURN RIGHT, MONTEREY TURN LEFT

1-4 Point right toe to right, while sliding right toe back behind left turn ½ turn right (weight on right)

Once you have turned point left toe to left side, slide left toe next to right (weight on left)

5-8 Repeat last 4 counts as written

VINE LEFT & TOUCH; RIGHT TOE-HEEL FORWARD, VINE RIGHT & TOUCH; LEFT TOE-HEEL FORWARD

1-4 Step left foot to left, step right foot behind left, step left foot to left, touch right toe next to left

5-6 Touch right toe forward, slap right heel down (without weight)

1-4 Step right foot to right, step left foot behind right, step right foot to right, touch left toe next to right

5-6 Touch left toe forward, slap left heel down (without weight)

To start the dance again leave left foot in position after toe-heel

REPEAT
