

# AB Cowgirl

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Rebecca Blower (UK) - April 2025  
音樂: Cowgirl - Parmalee



## TWO HEEL DIGS & A "V" STEP

- 1-2      Dig right heel forward, step right foot next to left
- 3-4      Dig left heel forward, step left foot next to right
- 5-6      Step right foot diagonally forward to the right corner, Step left foot diagonally forward to the left corner
- 7-8      Step right foot back and center Step left foot next to right

## TWO HEEL DIGS & A "V" STEP

- 1-2      Dig right heel forward, step right foot next to left
- 3-4      Dig left heel forward, step left foot next to right
- 5-6      Step right foot diagonally forward to the right corner, Step left foot diagonally forward to the left corner
- 7-8      Step right foot back and center Step left foot next to right

## STEP TOUCH RIGHT & LEFT, VINE RIGHT

- 1-2      Step right to right side, touch left next to right
- 3-4      Step left to left side, touch right next to left
- 5-6      Step right to right side, step left behind right
- 7-8      Step right to right side, touch left next to right

## STEP TOUCH LEFT & RIGHT, VINE LEFT WITH 1/4 HINGE LEFT & SCUFF

- 1-2      Step left to left side, touch right next to left
- 3-4      Step right to right side, touch left next to right
- 5-6      Step left to left side, step right behind left
- 7-8      Step left to left side turning 1/4 to the left (9:00), scuff right foot

## OPTION TO CLAP ON THE STEP TOUCHES

**MODIFICATIONS:** If vines are too difficult start with "side together side touch"

Please credit the choreographer if posting on social media channels or other websites.

Contact: RJ Blower

Email: [info@hinckleylinedancing.co.uk](mailto:info@hinckleylinedancing.co.uk)

[www.hinckleylinedancing.co.uk](http://www.hinckleylinedancing.co.uk)