Soltera con cadera

級數: Beginner

拍數: 32 編舞者: Sven Köhlen (DE) - April 2025 音樂: Soltera - Shakira

Intro	16	Counts
muo	10	Counts

- 1, 2 step RF to side, close LF to RF
- 3&4 step RF to side, close Lf to RF, step RF to side
- Rock LF forward, recover onto RF 5,6
- 7,8 Rock LF back, recover onto RF

Section 2: Jazz box 1/4I with scuff, shuffle 2x

- 1, 2 Step LF across RF, Step LF back
- Step LF to side turning 1/4I (facing 9:00), scuff forward with RF 3, 4
- 5&6 Step RF diagonally forward, close LF to RF, step RF diagonally forward
- Step LF diagonally forward, close RF to LF, Step LF diagonally forward 7&8

Section 3: Cross point 2x, rocking chair

- 1, 2 Step RF across LF, point LF to side
- 3, 4 Step LF across RF, point RF to side
- 5,6 Step RF forward, recover onto LF
- 7,8 Step RF back, recover onto LF

Section 4: Step turn 1/4I 2x, Touch turn 3/4I

Step RF forward turning 1/4I recover onto LF 1, 2

Styling note: Roll your hips while doing the step turn

- 3, 4 Step RF forward turning 1/4l recover onto LF
- 5-7 Touch turn with RF 3x turning 3/4I (end facing 6:00)
- 8 Touch RF next to LF

No Tags, no Restarts, Enjoy!





牆數:2