

American Woman

COPPERKNOB
BY STEPHANIE

拍數: 16 牆數: 4
編舞者: Sophie Ruhling (FR) - April 2025
音樂: American Woman - Lenny Kravitz

級數: Absolute Beginner



#16 count intro - CW
NO TAG - NO RESTART

SECT.1 HEEL R X2, HEEL L X2, COASTER STEP L, WALK R, HOLD AND CLAP

1-2& tap R heel fwd, tap R heel fwd, step R in place
3-4 tap L heel fwd, tap L heel fwd
5&6 back L, back R beside L, walk L
7-8 walk R, hold and clap

SECT.2 STEP 1/2 TURN R, TRIPLE STEPS L FWD, MILITARY 1/4 TURN L, SYNCOPATED WEAVE TO LEFT

1-2 walk L, 1/2 turn R and weight on R fwd (6.00)
3&4 walk L, walk R beside L, walk L
5-6 walk R, 1/4 turn L and weight on L (3.00)
&7&8 cross R behind L, step L to L side, cross R over L, step L to L side
